



Club Officers for 2007-2008

President	Dale Willenborg	366-6815
V. Pres., Pres. Elect	Dick Baber	322-8074
Secretary		
Treasurer	Jeff Jorgensen	487-3355
Past President	Gary Gutttau	487-3248

Board Members	
2006-2008	2007-2009
Steve Irvin	John Klein
Gerald Forristall	Bob Hibbard
Denny White	Larry Kramer

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NEXT CLUB MEETING

F The next meeting of the Optimist Club of Treynor is planned for Saturday, July 26, 2008, 7:30 a.m. at the Treynor Community Center. The speaker will be Mick Gutttau talking about the Veterans' Memorial Plaza. The entire community is invited to be involved in this project. The public is invited to the meeting.

REPORT OF RECENT CLUB MEETINGS

R The Optimist club met July 12 with 17 members, one adult guest and two of his children. President Dale Willenborg opened the meeting by leading the pledge. Bob Hibbard offered the devotional prayer.

I The 50/50 was awarded to Dick Baber. The attendance pot was awarded to Mick Gutttau, but it was not collected.

E John Klein contributed to the Youth Fund for his wife finishing the school library program which lasted six weeks. Richard Vorthmann contributed to recognize John Klein for writing thank-you notes for bingo gifts. John Klein contributed for the great baseball and softball seasons. Bill Vorthmann contributed for the club newsletter joke about rain in Iowa.

N The club recognized Gary Gutttau for his 72nd birthday and Jeff Jorgensen for his 18th wedding anniversary.

D The Optimist club met July 19 with 17 members and three guests. President Dale Willenborg opened the meeting by leading the pledge. Dick Baber offered the devotional prayer.

O The 50/50 was awarded to Gerald Forristall. The attendance pot was awarded to Linnea White, but it was not collected. The club recognized Mick and Judy Gutttau for their wedding anniversary.

F Thirteen members and friends helped with Can Kennel sorting on Wednesday, with the proceeds going to the Optimist Club this month for Youth Programs. Jeff Jorgensen auctioned a bucket of red potatoes from Dale Willenborg for \$8 for Optimist Youth Programs.

D.A.R.E. Program for Youth

O Deputy Sheriff Gilfallen (Guido) spoke to the Optimist Club on 12 July about his 18 years teaching the Drug Abuse Resistance Education (DARE) program. He has been in law enforcement for 23 years and enjoys working with youth.

Y The D.A.R.E. program changes every few years. Originally it was a very structured program developed in California. However, some aspects of the program were more applicable to California than local areas. The current program is much more flexible, although he still does some things the same as he did in the beginning.

O Guido said that drug and sex education, along with standards for life, should be taught in the family. The D.A.R.E. program is meant to reinforce correct principles taught in the family.

U The good news is that drug use is going down and smoking is becoming taboo. Guido has never had a

parent tell him that they want their children to drink. However, example is the best teacher.

The bad news is that alcohol is the #1 drug problem. It has not changed much in 20 years. There are an estimated 20 million alcoholics in the country. Fetal alcohol syndrome is the #1 birth defect in the country. It is also the #1 drug problem for teenage deaths. On TV there is no balance in alcohol; everyone is using it. About 2000 college students die every year for an alcohol overdose.

Since he began teaching, about 7000 fifth grade students have been through the D.A.R.E. program. The best way to prevent drug and alcohol problems is through community service. For example, a service group could obtain a list of people in the city that need assistance and team youth with them to provide that assistance.

Hospice of Southwest Iowa

Joni Vallier, the Program Director, spoke about the collaboration between the visiting Nurses Association, Mercy Hospital, and Jenny Edmundson Hospital to form Hospice of Southwest Iowa. The new organization will serve five counties in Iowa.

Plans are underway to build a hospice house in Council Bluffs to open in 2010. The house will initially have 16 guest rooms, with expansion of 8 additional rooms possible.

Hospice was started by Medicare in 1984. It combines nurses, social workers, home healthcare, chaplains, and bereavement care. It includes need comfort, medical comfort care, and family support. It also includes family bereavement support for 13 months after death. About 60% of patients are for home care.

The requirements for hospice care are the end stages of disease or health. The patient needs to show health decline to stay in hospice. They need an order from a doctor, they need a 24 hour caregiver, and they accept the principles of hospice.

There are four levels of care. They are routine care, temporary respite care in a care facility, general inpatient in a hospital, and continuous care. There are 1.3 million Americans receiving hospice care.

CALENDAR

July Can Kennel contributions for the Treynor Optimist Club to support Scholarships and Youth Programs. Total Proceeds through May - \$63,657

7/30 Can Kennel sorting at 6:00 p.m.

Birthdays

7/14 Gary Gutttau#, 7/23 Jerry Hempel, 7/27 Jim Clausen

Anniversaries

6/26 Larry Kramer, 6/28 Mick & Judy Gutttau#, 7/14 Jeff Jorgensen#, 7/22 Steve Irvin #=recognized to date

H PS. Although he was a qualified meteorologist, Hopkins ran up a terrible record of forecasting for the TV news program. He became something of a local joke when a newspaper began keeping a record of his predictions and showed that he'd been wrong almost three hundred times in a single year. That kind of notoriety was enough to get him fired. He moved to another part of the country and applied for a similar job. One blank on the job application called for the reason for leaving his previous position. Hopkins wrote, "The climate didn't agree with me."