



November 9, 2013

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YMCA

Leo McIntosh from the Council Bluffs YMCA spoke at the Treynor Optimist Club on November 9. He started working for the YMCA 15 years ago. He has three children. He has had 6 youth from the YMCA live with his house.

Leo presented a YMCA t-shirt to Chad Guttau for his many years of volunteer service to the YMCA.



The YMCA is emphasizing three areas, youth development, aquatics, and healthy living. They are partnered with 22 organizations in the area, including Boys and Girls Club, both hospitals in town, and Phoenix House.

Leo said that there are 2.6 million YMCA members in the country. They focus on the core social values of honesty, respect, responsibility, and caring.

There are 10 YMCAs in the area that are associated together.

The current Council Bluffs YMCA has a third of the building used for child care, including before and after school programs. They also have a teen night once a month from 6:00 p.m. to 9:00 p.m. on a Saturday. Their hours are 5:00 a.m.-9:00 p.m. Monday through Friday and 6:00 a.m. - 6:00 p.m. Saturday and Sunday.

Calendar

- Nov 11 – Veteran's Day program at the High School
- Nov 12 – Jazz music concert at 7:00 p.m.
- Nov 13 – Can kennel sorting, 1:00 p.m. for Cub Scouts
- Nov 27 – Can kennel sorting

Birthdays

- Oct 17 – Marsha Underwood
- Oct 29 – Bill Vorthmann
- Nov 8 - Mick Guttau
- Nov 18 – Dianne Willenborg

Anniversaries

- Oct 13 – Dale & Dianne Willenborg
- Oct 17 – Dennis & Kay White
- Nov 2 – Kirk & Lynell Vorthmann

The YMCA is starting some new medically-based programs:

- Diabetes Prevention – a 12 week program for families, partnering with HyVee
- Cancer Survivor Program – an exercise and discussion group

They are also moving toward a branded sports program to connect youth to college. The Council Bluffs program will be called the Jr. Reivers.

The new YMCA in Council Bluffs will be near Mercy Hospital. It will cost \$16 million. They have commitments from Iowa West Foundation and the Charles Lakin Foundation for \$7 million. They are nearing another \$1 million from their capital campaign. The new YMCA will be 75,000 square feet and include 287 parking spaces.

Meeting Minutes

Bill Vorthmann opened the meeting on November 9. Keith Denton provided jokes and Gary Guttau gave the opening prayer.

Bob Kuchel contributed to the Youth Fund to brag about the bright-colored flip flops he was wearing. Chad Guttau provided some sweet potatoes for the auction and Leo McIntosh bought them for \$2.

On November 11 there will be a Veteran's assembly at the Treynor High School at 10:45. Tom Latham will speak at 11:30. There is a display on Iowa's fallen soldiers since Sept 11 on display at the High School from November 11-15.

Gary and Dee Guttau, Gay Funkhouser, and Rill and Richard Vorthmann attended the Zone meeting in Underwood last Tuesday. The focus was on JOOI clubs.

Dennis White won the 50/50 drawing. Chuck Nielsen won the attendance drawing, but did not collect. There were 12 members and 2 guests at the meeting.

Nov 25 – Ward & Suzanne Chambers

Programs

- Nov 16: Vietnam Trip- Heidi and Mick (part 1)
- Nov 23: Vietnam trip- Josh and Mick (part 2)
- Nov 30: Bob Kuchel, new chiropractor in Treynor

Prayers

- Nov 16 – Judy Guttau
- Nov 23 – Mick Guttau
- Nov 30 –
- Dec 7 – Dee Guttau
- Dec 14 –
- Dec 21 – Dennis White