The Optimist Club of Treynor, IA Iowa District, Zone 3, Club Number 40-109 Iowa District Governor: Dave Mason nternational Pres: Jean Claude "J.C." St-Onge

NEWSLETTER www.treynoroptimist.org Treynor Optimist Club President: Bill Vorthmann



Vol. 30 No

January 18, 2014

Department of Agriculture



Mike Fisher was the speaker at the Treynor Optimist Club on January 18. He is a Doctor of Veterinary Medicine working for the Department of Agriculture. He is also a retired Army Colonel. He retires in 42 days.

Mike said that the Bureau of Alcohol, Tobacco, and Firearms inspects spirits, but the Food and Drug Administration inspects beer and

wine. He talked extensively about required labels on food items.

Labels on food items include a brand name,

manufacturer, name of the product, weight, ingredients listed by weight, list of allergens, nutrition facts, country of origin, and other information. The FDA ensures that the product is safe to eat and the label is not misleading. The FDA requires some items to be printed in a designated minimum font size.

President Carter started the move to convert to the metric system, so most items today contain metric and ounce measurements. There are eight food ingredients that are known allergens and need to be listed on the label if they are present. The weight is required on the label, and the country of origin is also required. Nutrition facts are required for baby foods, but are only a consumer expectation for other products.

Many food items include a "best used by" date. This is the last date that the manufacturer will guarantee the product will be 100% of the listed nutrition. Most items are still good to eat long after that date.

Meeting Minutes

Bill Vorthmann opened the meeting on January 18 and Gary Funkhouser gave the opening prayer. Keith Denton, Gary Funkhouser, and Bill Vorthmann contributed jokes.

Calendar

- Jan 24 Spaghetti supper fundraiser, 5:00-6:30 p.m. Jan 29 – Can kennel sorting for After-Prom Committee.
- Time 3:30 p.m. Feb 8 - Silver Keg Feeders provide breakfast
- **Birthdays** Jan 19 - Dennis White (recognized)

Programs

Jan. 25 – Bob Mantell, financial literacy.

Pravers

Jan 25 – Kirk Vorthmann

Gary Guttau contributed to the Youth Fund in recognition of Gail Hartigan's basketball coaching. Dennis White celebrates his 72nd birthday tomorrow, January 19.



Marla Schoening accepted a can kennel check for the 8th grade leadership. She teaches art, Title I math, and the leadership academy. She has six youth this year for the leadership academy. The group decided to donate the proceeds to the Lisa Dunbar family. She has been having chemo and will have a bone marrow transplant January 19.

The JOOI club will hold a "Souper Day of Caring" on Sunday, January 26 from noon to 3:00 p.m. The Legion fish fry is January 20.

Auction items sold: paring knife-\$1, garlic press-\$2, key chain holder-\$5.

The spaghetti supper fundraiser will be January 24th, before the Underwood basketball games. The Underwood Optimist Club will help with advertisement in Underwood. Members will be asked to bring bars and pies.

February 8 the Silver Keg Feeders will provide breakfast. Dee Guttau won the 50/50 drawing. Keith Denton won the attendance drawing. There were 2 guests at the meeting.

The club held a board meeting after the club meeting. Six board members were present. The club made some errors in paying the can kennel proceeds in 2011. The Girl Scouts were not paid \$805 and the Music Boosters were overpaid. The board decided to let the Music Boosters keep the money and to pay the Girl Scouts what was owed. The Optimist Club may need to use a can kennel month to maintain their funds for other projects.

Feb 1 – Dale Willenborg Feb 8 – Arlyn Norris Feb 15 – Chuck Nielsen Feb 22 - Ken Graham Mar 1 – Dee Guttau Mar 8 -Mar 15 -Mar 22 - Dennis White Mar 29 – Judy Guttau

Dale Willenborg, Editor, 14186 230th Street, Council Bluffs, IA 51503 712-366-6815 dalewill1@juno.com **CLUB BULLETIN COPYING COURTESY OF TS BANK of TREYNOR**