



**ISU Extension and Outreach**



Rachael Wright was the speaker at the Treynor Optimist Club on February 1. She has been with the ISU Extension Service for 10 years.

In 1903, a group of Sioux County farmers cooperated with Iowa State University to establish the "extension idea" - taking the land-grant college to the people. In 2003, Iowa State University celebrated 100 years of Extension helping Iowans become their best.

Beginning in 2012, and over the next several years, county extension offices throughout the state will celebrate their 100 year milestones of organized extension work and the hiring of their first county agents.

Rachael said that most people think of 4H and Master Gardeners. They have a lot of other programs. They have 100 extension offices throughout the state, one in each county, with two in Pottawattamie County.

Over one million people have been helped through ISU Extension. There are 17,000 Master Gardeners. In Iowa, 1 in 5 children is in 4H, with 105,000 currently enrolled.

ServSafe is a new program to train food service workers. A new Iowa law requires every business to certify someone in food safety. ISU Extension is holding 2 day classes throughout the state to train food service workers.

Over 1800 farmers attend training meetings organized by the ISU Extension each year.

I-Walk is a coalition built to develop walking programs and plans for new sidewalks and trails. Over 350 citizens have joined I-Walk.

**Calendar**

Feb 8 – Silver Keg Feeders provide breakfast

**Birthdays**

Feb 12 – Richard Vorthmann

Feb 13 – Gary Funkhouser

**Anniversaries**

Feb 6 – Jon & Debra Jacobsen

Feb 23 – Richard & LuEtta Vorthmann

**Programs**

Not available

ISU Extension also provided nutrition education for 1800 low income families last year. They develop programs for STEM (Science, technology, engineering, and math) in schools. They also help with estate planning for farmers.

Through "Juntos: Together for a Better Education," ISU Extension and Outreach specialists have worked with high schools, community colleges and businesses to help Latino youth and parents increase their understanding of how to successfully graduate from high school and pursue higher education. The course is six sessions for 2½ hours each. The next is March 6-April 10.

ISU Extension provides private pesticide training for farmers, childcare education, and they have trained 60 volunteers for income tax assistance.

ISU Extension and Outreach is funded through the US Department of Agriculture, Iowa State University, and county funding.

**Meeting Minutes**

Bill Vorthmann opened the meeting on February 1 and Dale Willenborg gave the opening prayer. Chad Gutttau and Bill Vorthmann contributed jokes.

Ken Graham contributed to the Youth Fund for bragging rights in recognition of father-in-law, who served in World War II 50 years ago. Richard Vorthmann recognized his grandson Tyler who is a singer at IWCC. Jim Clausen said his uncle was getting two purple hearts today. Gary Gutttau said his mother is 99.

Chad Gutttau was selling tickets for the YMCA fundraiser tonight.

On March 2 there will be a celebration at St. Paul Lutheran for Richard & LuEtta Vorthmann's 70<sup>th</sup> wedding anniversary. Their wedding anniversary is February 23.

Auction items brought \$0.50 for a Storz can opener, \$1 for a French garnishing cutter, and \$4 for a drinking cup.

The Zone meeting will be February 6. The meal will begin at 6:30 p.m.

February 8 the Silver Keg Feeders will provide breakfast.

Chad Gutttau won the 50/50 drawing and the attendance drawing. There were 11 members and one guest at the meeting.

**Prayers**

Feb 8 – Arlyn Norris

Feb 15 – Chuck Nielsen

Feb 22 – Ken Graham

Mar 1 – Dee Gutttau

Mar 8 –

Mar 15 –

Mar 22 – Dennis White

Mar 29 – Judy Gutttau

The life-long benefits gained from teaching children good "money habits" are well worth the effort, and the consequences of not doing so last just as long. There are reasons (silly though they might be) why many people don't like to discuss money with children. Some of these include: thinking that it is a taboo subject, not having (or finding) the time, or thinking that the family doesn't have enough money to make it a viable subject. For a child to develop in a healthy manner, it is vital that parents discuss openly their feelings and opinions about money (different for each parent) in order to establish a consistent approach. The way to do this, no matter how you feel about that "green stuff," is to consider the following questions in your next discussion with your child:

- How can I as a parent create an open environment for the discussion of our family money issues?
- How should my children receive their money? Is an allowance best?
- How do we as a family really feel about money, and what are we communicating to our children about it?
- How will we go about teaching our children about money? What structured plans do we have or need to make?
- How do we deal with peer pressure and the effects of advertising on our children's buying requests?