



Josh Bintz was the speaker at the Treynor Optimist Club on April 11. Josh shared some of his background together with his current work and interests. After graduating from Treynor High School in 2007, Josh went on to complete a Doctorate in Physical Therapy from the University of Nebraska Medical Center.

Josh is employed by Flex Physical Therapy of Council Bluffs. That includes staffing Flex's Treynor location in the Peak Performance Building on Tuesday and Thursday mornings, staffing the Treynor Junior Senior High School for an hour on Tuesday and Thursday mornings, and staffing most Treynor home sporting events.

Josh discussed a variety of athletic injuries and explained how some injuries could be prevented by proper training. He also explained the Impact Concussion Program software used by Treynor Community School, as well as some of the new methods being used to treat arthritis.

Josh is active in the youth ministry at Living Hope church and is an active sports enthusiast. He is a member of the newly formed Cardinal Core, whose goal is to promote local volunteerism. Besides being active in his community, Josh and his wife, Christy, are proud new parents of baby Olivia.

Meeting Minutes

On April 16th President John Klein called the meeting to order at 8 am with the Pledge of Allegiance followed by the prayer offered by Gary Gutttau. Chad Gutttau, Mick Gutttau and Marsha Underwood each contributed \$1 for Bragging Rights. Treasurer Gary Gutttau reported that since May 1999 the Can Kennel has raised \$134,000 for community youth groups.

Calendar

June 20-24 - Swim lessons

Birthdays

Apr 20 – Steve Chambers
 Apr 25 – Irvin Saar

Gary Gutttau reported receiving training by the Boy Scouts of America in his role as Optimist representative for the local Treynor Cub Scouts.

Jim Clausen won the 50/50 drawing and Josh Gutttau missed collecting the attendance prize.

The following upcoming youth activities were announced:

- Babysitting clinic
- Youth Appreciation
- 5thGrade Earth Day Mulching Event
- Can Kennel

New member Ann Vorthmann volunteered to be Correspondence Secretary.

The Board Meeting on April 26 came to order at 9:15. Present were John Klein, Judy Gutttau, Dee Gutttau, Gary Gutttau, Bill Vorthmann and Ann Vorthmann.

The office of Correspondence Secretary was unanimously affirmed for the club. Ann Vorthmann was approved to carry out the duties of Correspondence Secretary which would include but not limited to thank you notes and filling in for the Recording Secretary when absent.

The flags were discussed. Bill will contact Barb Keysor regarding the availability of new flags from Woodmen of the World. Gary will check with Dale regarding how many new flags may be needed and the cost. The Board voted unanimously to provide for ten-\$500 scholarships from the flag proceeds.

The Optimist Club is scheduled for the Can Kennel on September 8 through October 5. October 6 through November 2 will be left open until requested.

The Junior Treynor Women will not be having a Homecoming Supper this year and approached John regarding any interest from the Optimists. The Board was not interested.

Promotion of the Optimist Club was discussed including NOW (New Optimist Worker). The Board decided not to plan any promotion at this time.

Ann discussed keeping meetings to an hour; suggesting speakers begin no later than 8:30 and questions end before 9:00 so the meeting can conclude at 9:00. The Board agreed sticking to an hour format should be encouraged.

A memento for speakers was discussed.

Treynor Days had no activity in mind for the Optimists – our choice. We will do 50/50. Treynor Days is Saturday June 25. Bingo at Westfair is Saturday afternoon July 30 3-5..

Apr 28 - Gene Seran

Anniversaries

Apr 7 – Jim & Diane Clausen

Speakers

Apr 23 - Rita Laughlin Treynor School Guidance Counselor