



November 4, 2017

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Jennifer Clark – Primrose Retirement Community

Jennifer Clark, Sales Director of Primrose Retirement Community, spoke on Saturday, November 4 at the Treynor Optimist Club meeting. Primrose is an independent and assisted living retirement community. Primrose has been in Council Bluffs nine years on East Kanesville. It is one of 31 retirement communities that were started in Aberdeen, ND.



Residents must be 55 or older, be able to get up with only one assist and be mentally alert. Mental alertness is evaluated at least every six months. Primrose offers studio and one and two bedroom units with six levels of care. Payment includes all utilities except telephone.

There are 35-40 total staff for their 68 units with four administrative positions covering sales, activities, nursing and overall director. A nurse is on site 24 hours a day. The staff handles appointments and transportation and supervise medication as needed. Independent units have a safety system to allow staff to know residents are up and moving.

Rates are competitive and do increase annually. They are private pay only. Nursing home

insurance and VA do pay some level of related care.

Services available are physical therapy, trash removal, court yard gardening, movie theater, ice cream parlor, billiards/game room, pub and library. Units can have their own laundry or use Primrose laundry. The staff will do two loads of laundry for residents per week if needed.

Primrose encourages socialization. They match people in the dining room where three meals are served daily. They also believe residents need some tasks to do on their own if able such as putting away their own clean clothing.

Primrose has a connection with Hanson House if memory care services becomes necessary.

A \$50 gift certificate for Longhorn Steakhouse was given by Primrose in a drawing of those attending which was won by Dee Guttau.

Meeting Minutes

Keith Denton, President conducted the meeting of the Treynor Optimist Club. Dee Guttau took notes. There were 14 members present plus one guest. The meeting began with humor by Keith Denton, followed by the pledge of allegiance. Dee Guttau offered the prayer.

Kirk Vorthmann won the 50/50 drawing. Gary Guttau won the football contest. Josh Guttau won the attendance prize but was not present.

Ann Vorthmann's birthday was observed. Ken and Linda Graham and Kirk and Lynell Vorthmann's anniversaries were observed.

Marsha and Kevin Underwood contributed to the Youth Fund to celebrate Bailey White being in the paper for volleyball. Kirk Vorthmann contributed for the outstanding Treynor Girls Volleyball season. Ann Vorthmann gave for the successful high school musical – Wizard of Oz.

A collection for Shop with the Sheriff resulted in \$138 collected. The hat will be passed next week as well.

In considering becoming a 501 c 3, Treasurer Gary Gutttau shared an analysis of last year's giving. What we give is raised from ourselves. The Cub Scouts have the next four weeks of can kennel. Gary Gutttau will arrange.

Keith Denton told of visiting a restored monument south of Walnut of a crash site of a B29 which crashed March 24, 1944. A metal replica of the B29 has been replaced and efforts have been made to improve landscaping and parking.

The meeting was adjourned and the Optimist creed was stated.

Optimist Club meetings run from 8-9 AM each Saturday morning at the Treynor Community Building (Legion Room). The coffee is always on and donuts are served. Come join us for fun, fellowship, and interesting programs!

Funny Military Pranks

The military has a long, proud tradition of pranking recruits. Here are some favorites:

- Instructed a private in the mess hall to look for a left-handed spatula
- Sent a recruit to medical supplies office in search of fallopian tubes
- Ordered a private to bring back a 5 gallon can of dehydrated water (sergeant just wanted an empty water can)

Calendar

Nov. 11- Veterans Day
Nov. 23 – Thanksgiving Day

Birthdays

Nov 8 - Mick Gutttau
Nov 18 – Dianne Willenborg

Anniversaries

Nov.25 – Ward & Suzanne Chambers

Programs

November – Linda Danker
December – Mick Gutttau

Speakers

Nov. 11 – Cati Dezmasi, The Center,
“Mind, Body, Spirit & Health”
Nov. 18 – Marcia Anderson, Pinecone Partners,
“Elder Fraud and More”
Nov. 25 – Chris Goos, Presidential Library
Organizer – Ford, Bush, and now Obama

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Dues/Donations/Flag Money: Mail to Optimist Club of Treynor, PO Box 354, Treynor, IA 51575