



April 21, 2018

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Wendy Andersen Speaks to Optimists

Wendy Andersen, a Treynor mom-business owner-writer-coach, spoke to the Treynor Optimists on Saturday, April 21. Wendy and husband Bob, a pharmacist, have three children, Dexter 9, Phebe, 4 and Brexly, 2.



Wendy Andersen

Wendy spoke about redefining normal. At age six months, Dexter started experiencing infantile spasms, a debilitating seizure, and was diagnosed with tuberous sclerosis complex. Medicine controls the seizures. He has benign tumors in his brain and heart. The tumors in the heart were the type that get smaller with age and were gone by age three. At age five, he developed sega, a very aggressive fast growing benign tumor, which he took a chemo drug to shrink. Surgery is an option but you would have to get 100% of the tumor.

At age four, Dexter was diagnosed with autism. He can get over stimulated. Transported by his father, he attends school at Lewis Central because they have a special education teacher who is trained to teach children with autism. Being physically strong is very important for Dexter's health. Once a week he has horse therapy in Gretna, NE. He takes a pilates class and it's possible for the care giver to take their

own class at the same time. Dexter knows several languages including sign. His reading skills are good with less comprehension. She stated he is a tough, happy kid.

Wendy's goal as a coach is to help parents of special needs kids. She advocates: 1) Love – accept the situation you are in. Daily know what you are grateful for. 2) Embrace – know what your child needs and do it. Don't worry about what other people say or think. She stated it is important to be your child's advocate, 3) It is important to redefine what is normal for your life.

Wendy has an online radio show on Tuesdays at 10 AM. She has a monthly blog and has written a chapter in Volume 3 of the book, Women Rising.

Check out www.WendyAndersenPresents.com or contact Wendy@WendyAndersenCoaching.com.

Wendy spoke briefly about her business which is a fitness center and now runs itself with nine employees and five trainers.

Wendy also gave an update on the Treynor Splash Pad. Different designs are being looked at. The project has raised \$35,000 and a promise of \$10,000. More will be raised with Treynor Days. She is hopeful ground breaking will be this fall or next spring.

Meeting Minutes

Keith Denton called the meeting to order with 11 members present and 2 guests, Julie Funkhouser and Wendy Andersen. Humor was provided by Chad Gutttau, Keith Denton, Gary Gutttau and Bill Vorthmann. After the pledge of allegiance Dee Gutttau said the prayer.

Gary Gutttau won the 50/50 drawing. Chad Gutttau won the attendance drawing. There were no birthday or anniversaries.

Bragging Rights dollars were contributed to the Youth Fund by Marsha and Keven Underwood to brag that Marsha was Jennie Edmundson's volunteer that gave the most hours this past year. Jim Clausen gave a dollar to celebrate a safe

prom. John Klein gave a dollar to celebrate Katie Campbell winning a grant for a STEM program, a grant he helped her apply for. Keith Denton gave a dollar for the thank you card and support with the loss of his mother. Gary Gutttau contributed because Josh Bintz gave him exercises which are helping with his hips.

A reminder was issued to attend the Youth Appreciation Event on Sun., Apr. 22 at 3 PM at Zion Congregational Church, to help with set-up and to bring cookies if you volunteered.

Gary Funkhouser, Ken Graham, Gary Gutttau, Chad Gutttau, all helped with the Can Kennel Sorting for Silver Keg Feeders Wed., April 18. The next group is the Zion Youth. Keith Denton will be in charge. Can kennel sortings will be May 2 and May 16.

It was report that 73 flags have been collected for to date.

There being no further business the meeting was adjourned with the recitation of the Optimist Creed.

Dee Gutttau took minutes today.

Come join us for fun, fellowship, and interesting programs! Optimist Club meetings run from 8-9 AM each Saturday morning at the Treynor

Community Building (Legion Room). The coffee is always on and donuts are served (and sometimes breakfast)!

A THOUGHT

The person who marries for money usually earns every penny of it.

Calendar

Apr 27 Treynor Athletic Booster Bash fundraiser
Treynor Community Building
Gail Hartigan will be honored.
Apr 29 Pitch Hit Run Contest sponsored by
Cardinal Core

Birthdays

Apr 24 Linda Danker
Apr 25 Irvin Saar
Apr 28 Gene Seran

Anniversaries

Programs

April Gary Funkhouser
May Gary Gutttau
June Lou Howell

Speakers

April 28 Curtis Goos – Teacher, World Traveler

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Dues/Donations/Flag Money: Mail to Optimist Club of Treynor, PO Box 354, Treynor, IA 51575