



Nov 25, 2023

Vol. 39, No.47

Lea Crouse, High School Volleyball Coach



Lea Crouse, Treynor High School's head volleyball coach, is in her second year of coaching volleyball. She is in her fifth year of teaching elementary school. She has coached Treynor middle school track and Underwood softball in the past. Lea attended NWMSU to play softball and get her teaching degree.

There were six seniors in volleyball this year and all played in rotation. Crouse stated they are the very best leaders who volunteer, are involved in the community and are great working with little kids.

Summer months are spent building leadership traits in the girls and participating in various camps. They play teams they don't see in the season and intermix ages and play to have fun with no stress. This year they were the only Iowa school at a UNO camp. They also host a 3rd-8th grade camp, open gym, and a little girl's camp which the coach allowed the seniors to lead.

Thirty girls tried out for high school volleyball and fifty tried out in Jr. High. 'Families' is a program that intermixes the freshmen and seniors to do fun events together during personal time. The girls love it.

Crouse announced that the Freshman JV and Varsity teams were undefeated in WIC this year as well as WIC champs. Unfortunately Aubrey James, a key player and great leader, tore ligaments at the end of the season.

Crouse's answers to sports questions include:

- About half of the kids play club ball and some go to Omaha as well as Council Bluffs.
- There are 12 playing dates per season for Jr High Girls
- 7th grade girls have a large percentage of girls playing; probably 1/3rd of the 7th grade girls and also 28 girls from 8th grade are playing

- Approximately 20 girls and 20 boys are going out for basketball
- Online and Club Volleyball makes up the biggest portion of VB recruitment.
- Two girls, Ella Tiarks and Averie Carollo, will be playing VB after High School

Lea shared about her first grade class. She has 15 students, but had 22 last year. This year's kindergarten class is larger. She uses tables and chairs rather than desks. First grade starts the morning with the pledge of allegiance, and then get out games, puzzles, and coloring books for 15 minutes and then they have a morning meeting as well as handshakes. They work on phonic skills and reading and then take lunch break. Other subject interventions can also happen during this time. They work on math, handwriting, recess, and then the kids go to special subjects such as music, arts, and PE in the afternoon. They finish their days with Science.

Lea played Volleyball, Basketball, Softball, Soccer, and was in Color Guard in Underwood. She graduated from Underwood in 2014. She is getting married next summer. She would like to stick to volleyball as a coach since she loves it so much.

Thanks to Kathy Luedke for taking notes today.

Next week's Program:

Angie Avis, TS Bank

Chief Talent Management Officer

Famous Quote

"Adopt the pace of nature; her secret is patience."

Ralph Waldo Emerson

HUMOR

Meeting Minutes

Dale Willenborg called the meeting to order. Fourteen members were present. Lea Crouse was our guest.

The group recited the pledge and Dale Willenborg offered the prayer.

Jokes: Bill Vorthmann, Keith Denton, Jordan Campbell, Dale Willenborg

50/50: Dennis White

Attendance: Joel Beyenhof won, but was not present.

Birthdays: Kathy Luedke's birthday was celebrated and she provided breakfast. Thank you!.

Anniversaries: None

Bragging Rights: (Dollars are contributed to benefit local youth programs.)

- Jim Clausen paid because Iowa beat Nebraska.
- Gary Gutttau is happy to have his daughter here for Thanksgiving as well as his grandson who goes to the University of Kansas.

Community:

Business:

- Can kennel sorting will take place after the meeting today to help the Boy Scouts.

There being no further business the meeting was adjourned with the saying of the Creed.



"ARE WE HAVING SOMETHING I LIKE...
OR SOMETHING THAT'S GOOD FOR ME?"

Calendar

Events

Birthdays

Dec 16 Kevin Underwood
Dec 23 Chuck Nielsen

Anniversaries

Dec 26 Dick and Sherry Fox
Dec 27 Gary and Dee Gutttau

Programs:

Dec Judy Gutttau
Jan Dale Willenborg
Feb John Klein

Speakers

Dec 2 Angie Avis, TS Bank, Chief Talent
Management Officer
Dec 9 Shelly Bailey, JOI Club Advisor, etc.
Dec 16 Randy Fontaine, Hope-Net CEO
Dec 23 No meeting
Dec 30 No meeting

Editor: Judy Gutttau, judy.gutttau@tsbg.com, 402-670-4330. Contributor: Kathy Luedke
Dues/Donations/Flag Money: Mail to Optimist Club of Treynor, PO Box 354, Treynor, IA 51575