



Parish Nursing

Joy Young talked at the Treynor Optimist Club on August 18 about Parish Nursing, also called Faith Community Nursing. She started as a Parish Nurse in 2000 and has been a nurse for 47 years. She has worked in Home health care. She started as a Parish Nurse at St. Paul this year.

A person needs to be a registered nurse to be a Parish Nurse. Parish Nursing started in the 1960s. Parish Nurses have meetings once a month in the Nurse Network. Parish nurses can offer:

- Integration of faith and healing
- Health promotion and education
- Health counseling
- Referrals
- Volunteer coordination
- Support group development
- Advocacy of the Faith Community

Joy prefers to spend time on health promotion and education. She also leads a health ministry team.

Joy is working on a six week exercise program that is e-mail based. Each person counts the number of minutes they workout. Joy keeps track of cost savings for her services. She receives training through Alegent Health. Nursing certification requires 40 hours per year. She trains volunteers to work with her for Parish Nursing.