

## Managed Care

Bill Vorthmann introduced speaker Kristyn Vorthmann Nielsen. Kristyn graduated from Treynor Community School in 2008 and went on to earn a Bachelor of Arts in Sociology from the University of Northern Iowa in 2012. Kristyn and her husband, Ethan, farm in Avoca, Iowa.



Kristyn's work experience includes Boys Town and an Early Head Start Program. Recently, the State of Iowa changed from state-managed Medicaid to private company-managed Medicaid called "Managed Care." Kristyn's current position is with United Healthcare Managed Care as a Community-Based Case Manager working from home. Kristyn primarily coordinates services for members of all ages with diagnosed needs that are on a Medicaid Waiver to allow them to live in their homes in the community and ensure their needs are met and safety maintained. She also works with members in nursing facilities to ensure they are able to safely transition back to their homes if they wish.

United Healthcare has existed in Iowa for more than 30 years and employs over 1000 people in Iowa. Kristyn is especially pleased that United Healthcare believes in hiring local people to advocate for local people. United Healthcare not only provides qualified services but also provides grants for improving patient health.