

## **Angel Food Ministries**

Sharon Dennis spoke to the club about Angel Food Ministries. It started in 1994 with Pastor Joe. He wanted to help people that needed food, but found that many people did not want donations, but would accept discounted food items. He started working with 34 families. Angel Food Ministries delivered 527,000 boxes of food last month, with each box sufficient for a family of four for a week.

In June 2006 Salem United Methodist Church became a distribution point for the food boxes. They now have trucks deliver to Lincoln, Omaha, Spencer, Council Bluffs, and Bellevue, distributing about 250 boxes per month. 30-35 volunteers help with the monthly delivery. They start unloading the truck at 6:00 a.m. A second shift starts at 9:00 a.m. to distribute the food.

A regular box of food is \$30 and provides a balanced nutrition meal for a family of four for a week. A regular Senior box costs \$28 and provides ten nutritionally balanced, fully cooked meals that are ready to heat and serve.

The food for the program is not limited to people in need. There are no applications to complete or qualifications to meet. It is for anyone who likes to buy quality groceries at an excellent value.

To find out more information, including items to order and order and delivery dates, check their website at [www.cbsalem.org](http://www.cbsalem.org) and select the link for Angel Food Ministries, or call (712)366-1409. Detailed menu information is available at [www.angelfoodministries.com](http://www.angelfoodministries.com).

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