

The Optimist Club of Treynor, 1A **NEWSLETTER**

Iowa District, Zone 3, Club Number 40-109 **Iowa District Governor: Janet Lloyd** Optimist International President Donald R. Sievers

www.treynoroptimist.org



Club Officers for 2008-2009

President	Dick Baber	322-8074	Board	Board Members	
V. Pres., Pres. Elect	Gary Guttau	487-3248	<u>2007-2009</u>	2008-2010	
Secretary	Dale Willenborg	366-6815	Linea White	Judy Guttau	
Treasurer	Jeff Jorgensen	487-3355	Bob Hibbard	John Schmitt	
Past President	Dale Willenborg	366-6815	Denny White	Eric Allen	
Club Officers for 2009-2010					

487-3248 President Gary Guttau **Board Members** V. Pres., Pres. Elect 487-3866 2008-2010 Dennis White 2009-2011 Secretary Dale Willenborg 366-6815 Judy Guttau Linea White Treasurer Jeff Jorgensen 487-3355 Gary Funkhouser **Bob Hibbard**

Past President Dick Baber 322-8074 Eric Allen June 13, 2009 Vol. 25 No. 28

Report of Recent Club Meeting

The Treynor Optimist Club met at Treynor High School on June 13. President Dick Baber opened the Optimist Club meeting and led the pledge of allegiance. Judy Guttau gave the opening prayer. There were 17 members and 3 quests present. Keith Denton and Richard Vorthmann contributed jokes. Dale Willenborg and Jeff Jorgensen contributed to the Youth Fund for their birthdays. Mick Guttau contributed for bragging rights. Gerald Forristall won the 50/50 drawing. Dee Guttau won the attendance drawing but did not collect.

Shannon Smith and Rachael Moore attended the meeting to receive their scholarship checks.

NOTE: There will not be a club meeting on Saturday, July 4, because of the Holiday.

Treynor High School Cafeteria

Jnelle Keysor, the Treynor school Dietician and Head Cook, talked about the lunch programs at Treynor. The state requires breakfast at the elementary school to be limited to 410 calories. At the high school it can be 554 calories. Lunch at the elementary can be 664 calories and 22 grams of fat and at the high school can be 825 calories and 28 grams of fat.

The school served about 24,000 breakfasts last year and about 118,000 lunches. They have a 95% participation rate.

All schools in Iowa are required to serve breakfast. Some schools provide breakfast in a bag, but Treynor does not. The state is very restrictive on

sodium content and fat content is limited, so the school does not deep fat fry anything.

Breakfast costs \$0.75, lunch at the elementary is \$1.40 and lunch at the high school is \$1.75.

During the school year, the school also provides food for Meals-on-Wheels. They average 10-12 meals per day at a cost of \$2.

Jnelle also provided a typical breakfast and a tour of the new kitchen and serving area of the high school.

CALENDAR

June proceeds will be for St. Paul Youth Programs.

June 17 & July 1, Wed. - Can Kennel sorting

June 5 - Bob Abbott

June 9 - Les Harvey

June 16 - Dale Willenborg (celebrated)

June 20 - Jeff Jorgensen (celebrated)

June 22 - Kevin Elwood

Anniversaries

June 1 - Kevin Elwood

June 3 - Arlyn Norris (celebrated)

June 5 - Steve Irvin (celebrated) June 15 - Steve Chambers

June 26 - Larry Kramer

June 28 - Mick Guttau

Speakers

June 20 -

June 27 -

Programs

June – Linea White, Kevin Elwood

July - Josh Guttau

The Fourth of July was traditionally celebrated as America's birthday, but the idea of an annual day specifically celebrating the Flag is believed to have first originated in 1885. BJ Cigrand, a schoolteacher, arranged for the pupils in the Fredonia, Wisconsin Public School, District 6, to observe June 14 (the 108th anniversary of the official adoption of The Stars and Stripes) as 'Flag Birthday'. In numerous magazines and newspaper articles and public addresses over the following years, Cigrand continued to enthusiastically advocate the observance of June 14 as 'Flag Birthday', or 'Flag Day'.

On June 14, 1889, George Balch, a kindergarten teacher in New York City, planned appropriate ceremonies for the children of his school, and his idea of observing Flag Day was later adopted by the State Board of Education of New York. On June 14, 1891, the Betsy Ross House in Philadelphia held a Flag Day celebration, and on June 14 of the following year, the New York Society of the Sons of the Revolution, celebrated Flag Day.

Inspired by these three decades of state and local celebrations, Flag Day - the anniversary of the Flag Resolution of 1777 - was officially established by the Proclamation of President Woodrow Wilson on May 30th, 1916. While Flag Day was celebrated in various communities for years after Wilson's proclamation, it was not until August 3rd, 1949, that President Truman signed an Act of Congress designating June 14th of each year as National Flag Day.