



Parish Nursing



Joy Young

Joy Young talked at the Treynor Optimist Club on August 18 about Parish Nursing, also called Faith Community Nursing. She started as a Parish Nurse in 2000 and has been a nurse for 47 years. She has worked in Home health care. She started as a Parish Nurse at St. Paul this year.

A person needs to be a registered nurse to be a Parish Nurse. Parish

Nursing started in the 1960s. Parish Nurses have meetings once a month in the Nurse Network. Parish nurses can offer:

- Integration of faith and healing
- Health promotion and education
- Health counseling
- Referrals
- Volunteer coordination
- Support group development
- Advocacy of the Faith Community

Joy prefers to spend time on health promotion and education. She also leads a health ministry team.

Joy is working on a six week exercise program that is e-mail based. Each person counts the number of minutes they workout.

Joy keeps track of cost savings for her services. She receives training through Alegent Health. Nursing certification requires 40 hours per year. She trains volunteers to work with her for Parish Nursing.



Taylor Bouchard receiving \$300 scholarship

Meeting Minutes

Chuck Nielsen provided jokes and opened the Treynor Optimist Club meeting on August 18. Mick Gutttau offered the opening prayer.

Chad and Judy Gutttau celebrated their birthdays this week. Kevin Underwood contributed to the Youth Fund for bragging rights because Marsha is regaining her memory after losing it two weeks ago. She is at Quality Living, Inc. in Omaha.

Can Kennel sorting was Wednesday. Gary Gutttau, Gary Funkhouser, and Bill Vorthmann helped. They had 24 bags of cans, 11 of plastic, and 767 bottles. The total can kennel receipts are \$101,022 since inception.

Help will be needed Friday, August 31 for ticket taking and parking for football.

Taylor Bouchard collected his scholarship. He will be attending South Dakota State, majoring in Systems Engineering. He played football, basketball, and golf in High School.

Richard Vorthmann won the 50/50. Mick Gutttau won the attendance drawing, but did not collect. There were 12 members and 2 guests at the meeting.

Calendar

- Aug 29 – Can Kennel Sorting, 4:00 p.m.
- Aug 31 – Football parking and tickets
- Sept 1 – Flag installation after Club meeting

Birthdays

- Aug 11 – Chad Gutttau (recognized)
- Aug 23 – Judy Gutttau (recognized)

Anniversaries

- Aug 9 – Tim & Janet Greiner
- Aug 13 – Jerry & Barb Hempel
- Aug 25 – Gary & Julia Funkhouser

Speakers

- August 18—Joy Young on Parish Nursing
- August 25—Arlyn Norris

Programs

- Aug – Arlyn Norris

- Sept – Steve Irvin
- Oct – Chuck Nielsen
- Nov – Gary Gutttau
- Dec – Bill Vorthmann

Prayers

- August 25 — Arlyn Norris
- September 1 — Dennis White
- September 8 — Dale Willenborg
- September 15 — Gary Funkhouser
- September 22 — Kirk Vorthmann
- September 29 — Gary Gutttau
- October 6 — Steve Irvin
- October 20 — Chuck Nielsen
- October 27 — Ken Graham

Things a Hurricane can teach you

- An oak tree on the ground looks four times bigger than it did standing up.
- When house hunting, look for closets with lots of leg room.
- AA, C and D are the only alphabet we need (think batteries).
- Chainsaw-wielding-men are nothing to be afraid of.
- Gasoline is a value at any price.
- Candlelight is better than botox — it takes years off your appearance.
- No matter how hard the wind blows, roadside campaign signs will survive.