



**Pork Producers Association**

Nancy Faber, a volunteer speaker for the Pork Producers Association, spoke at the Treynor Optimist Club on July 13. She is a seed sales representative for Asgrow. She is

also going to college at Bellevue University working on a Masters in Business and also volunteers at the YMCA in Council Bluffs.

Nancy said that the largest pork producing states are Iowa, North Carolina, and Minnesota. She grew up on a farm in Sherburn, Minnesota. Her family raised about 5000 pigs per year.

The gestation period for pigs is 3 months, 3 weeks, and 3 days, making it easy to remember. The total is 114 days.

Pork tenderloin is lower in calories, fat, sodium than skinless chicken breast. Seven of the most common cuts of pork have 16% less fat and 27% less saturated fat than 20 years ago.

Pigs contribute considerably to human health. Insulin, heart valves, skin to treat severe burn victims, and nearly 20 drugs and pharmaceuticals come from pigs. In 1986, pork exports averaged about \$2 per animal. In 2012 they averaged about \$60 per animal. Total exports were \$6.3 billion in 2012. Iowa produces \$950M of pork. Approximately 100 million pigs are produced annually in the U.S, with about 30 million produced in Iowa. In 2008 the total was 37 million in Iowa.

Pork makes up 42% of the meat consumption by people in the world. Chicken makes up 33% and beef 22%. Turkey is only 3%.

**Calendar**

- July 18 – Zone meeting in Treynor at the park, 6:00 p.m.
- July 25 – Help at Westfair. Free admission this year.
- July 31 – Can kennel sorting
- Aug 1-3 – Optimist District meeting

**Birthdays**

- Jul 14 – Gary Gutttau
- Jul 23 – Jerry Hempel
- Jul 27 – Jim Clausen
- Aug 11 – Chad Gutttau
- Aug 23 – Judy Gutttau

**Anniversaries**

- Jul 14 – Jeff & Mary Beth Jorgensen
- Jul 25 - Chuck & Kathy Nielsen

Some good pork recipes are available at [PorkBelInspired.com](http://PorkBelInspired.com). Other information is available at [Pork.org](http://Pork.org).

**Meeting Minutes**

Ken Graham opened the meeting on July 13. Keith Denton, Gary Gutttau, and Ken Graham provided jokes. Ken led the Pledge of Allegiance followed by an opening prayer by Kirk Vorthmann. Richard Vorthmann contributed to the Youth Fund for girls basketball and Keith Denton contributed because his son is building a house. Dennis White bought an auction item for \$4.

Can sorting in July will be July 31. Zone meeting is Thursday. Dale Willenborg, Dee Gutttau, and Bill Vorthmann volunteered to bring brownies.

The club voted to provide \$100 toward the multi-cultural event at Treynor this fall. The board will discuss a contribution to Vision Treynor at the next board meeting.



Ryan Hempel came to collect his scholarship check. He will attend Iowa State University, majoring in Civil Engineering. He may play club baseball.

Kirk Vorthmann won the 50/50 drawing. Jim Clausen won the attendance drawing, but did not collect. There were 13 members and two guests in attendance.

- Aug 9 – Tim & Janet Greiner
- Aug 13 – Jerry & Barb Hempel
- Aug 25 – Gary & Julia Funkhauser

**Programs**

- July 20 - Tim Navara, Treynor High School Principal
- July 27 - Bryce Poland

**Prayers**

- July 20 – Dee Gutttau
- July 27 – Gary Gutttau
- August 3 – Bill Vorthmann
- August 10 – Dennis White
- August 17 – Dee Gutttau

A man walks into a butcher shop and notices a special on brains. Normal brains were \$2.00 per lb. Politically correct brains were \$5.00 per lb. He asks the butcher why the politically correct brains were so much more. The butcher replied, "Do you know how hard it is to find a politically correct person with brains?"