



Hospice With Heart



Lillian Jeppsen spoke at the Treynor Optimist Club on November 8. She works for Hospice With Heart, which provides Hospice care for terminally ill people with a life expectancy of six months or less. Hospice With Heart helps the patient and the family.

Hospice offers a positive perspective and response to dying. People are authorized for service

through a referral. The people need to want comfort care, not healing care. The average support is 16-17 days.

Hospice tries to keep people as independent as possible. Hospice With Heart has a music therapist and nine volunteers who are pet therapists.

Hospice care can be provided in the home, in a Nursing Home, or in the Hospice House facility in Glenwood. Patients need to have a primary care giver in the home or a plan for care.

The Hospice House, which is connected to the Glenwood Resource Center, has individual residences for eight patients. They have a waiting list.

Hospice With Heart provides umbrella coverage to assist the terminally ill and helps coordinate their care. They also provide beds, oxygen concentrators, and other equipment. There is no cost for care, since Medicare covers 100% of the care cost and Medicaid pays 95% of room and board.

Hospice With Heart began in 2004. Dawn Stane is the director. An interdisciplinary team meets weekly to review care for each patient. They typically serve 50-55 people with 30 volunteers.

Continuous care is available for the last day of life. Respite care is also available to give caregivers a break with up to five days of help.

Lillian said that they don't judge people. People also need permission to die. They want to know that the people they love will be OK.

More information about Hospice With Heart is available at <http://www.hospicewithheart.org/>

Calendar

Nov 26, Wed – Can kennel sorting

Birthdays

Nov 8 - Mick Guttau

Nov 18 – Dianne Willenborg

Meeting Minutes

Dee Guttau opened the meeting and gave the opening prayer. Ken Graham and Dee Guttau provided jokes.



The Silver Keg Feeders 4-H picked up their can kennel check for \$716.15 from August. They will use the money for group meetings, Adopt a Family, and fun activities.

Richard Vorthmann won the football pool.

Gary Funkhouser, Ken Graham, and Chad Guttau helped with can kennel sorting for the Cub Scouts.

Gary Funkhouser said that there are 45 paid JOOI members this year, and two who haven't paid yet. Optimist International charges \$10 for each youth in JOOI, along with \$60 to register the club. Treynor JOOI members pay \$10 to join. The JOOI members asked what benefit they get for that fee. Further investigation is needed to answer their question.

As a historical discussion, the Treynor Optimist Club was originally a Lion's Club, then the Town and Country Club, and finally the Optimist Club of Treynor. Optimist International provides liability insurance for activities, which was a deciding factor for the change.

The Optimist Club is paying \$545 for two youth to attend High O'Brian Youth (HOBY) Leadership this year.

Dee Guttau talked about the Optimist Foundation goal for Iowa Optimists to donate \$0.10 per day or \$36.50 for the year to fight childhood cancer. Five cents a day or \$18.25 is also welcome.

Richard Vorthmann contributed to the Youth Fund to brag about a winning the football pool. Gary Guttau contributed because his name was in the newspaper for escorting the Ukrainians who were here for a Sister Cities exchange.

Chad Guttau won the 50/50 drawing. Steve Irvin won the attendance drawing, but did not collect. There were 13 members and 7 guests at the meeting.

Anniversaries

Nov 2 - Kirk & Lynell Vorthmann

Nov 25 – Ward & Suzanne Chambers