



March 17, 2018

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Teri Keller, YMCA led Optimists in Exercises

Teri Keller, Fitness Group Exercise Program Coordinator at the YMCA, Council Bluffs, spoke to the Treynor Optimist Club in February and returned this day to lead the group in exercises that can be done without any equipment but a chair. All are designed to help you keep your joints fluid and more mobile. Enjoy the pictures!!

In addition to her main role, Teri is the Wellness Coordinator at the Y and leads the "Delay the Disease" program for people with Parkinson's (any degree of Parkinson's Disease). Keller also coordinates programs for "Live Strong" to help rebuild muscle tissue after cancer treatments.



Teri Keller

Who are all these people?? (This editor may lose her job!)

Meeting Minutes

Keith Denton called the meeting to order with 18 members and 2 guests present. Ray Gaesser, Republican candidate for Iowa Secretary of Agriculture was introduced by Jon Jacobsen. Teri Keller, speaker, was our other guest. Klein paid kudos to Gaesser, having worked with him on conservation projects.

Gary Funkhouser and Jon Jacobsen provided humor. After the pledge of allegiance Dale Willenborg said the prayer.

Lou Howell won the 50/50 drawing. Mick Guttaw won the attendance drawing. There were no birthdays or anniversaries to be observed.

Superintendent Lou Howell spoke briefly stating that the Treynor Board of Education passed a resolution Feb. 12 for a special election on April 3



to ask the Treynor voters to consider a ten-year 67-cent (\$0.67) "voter-approved" Physical Plant and Equipment Levy (PPEL) in combination with an income surtax not to exceed ten percent, both determined annually by the board of directors. Please see the attached document for further information on "Why? What? And Your Role?" which was presented at the meeting.

Transportation costs for rural schools was discussed and State Representative Jon Jacobsen affirmed approximately \$65/student has been approved from the state for this year to help rural schools with transportation costs.

Dollars were contributed to the Youth Fund by Kevin and Marsha Underwood for their niece Bailey being named to the All-Regional Basketball team. Gary Gutttau donated for Roland Burger being in the paper and honored as a Hero in the Heartland by the American Red Cross for donating over 29 gallons of blood. Mick Gutttau donated also for Roland. Mick also donated on behalf of the work of Deaf Missions, who will have the translation of the Bible to American Sign Language done in 2020. John Klein and Ann Vorthmann donated for the outstanding Elementary Fine Arts Night. Lou Howell contributed for the outstanding Pops Concert. Judy Gutttau contributed for feeling blessed she and Mick escaped bodily injury when a wild turkey smashed the pickup windshield. Lou Howell paid for kudos to Kelly Sutherland who has been named principal at East Mills. She also listed teaching positions available at the school. She stated there is a need for a Special Ed teacher for which there is a shortage.

School/Community Activities reported:

Elementary Literacy Night is coming up Tuesday night from 5:30-7:30 PM. A digital platform will be used. Klein informed that approximately 180 students attended the Elementary After School Dance sponsored by Cardinal Core. Both churches have benefit dinners this Sunday – St. Paul – Spaghetti Dinner and Zion – Potato Bar.

Help the Music Boosters on Monday at Buffalo Wings for a fundraiser from 11 AM – 11 PM. A coupon can be printed from the school web site.

To date, 55 have registered for the Parents Meeting on Wednesday night to learn about Social Media safety and more. Free pizza at Silos. Please register to attend.

Gary Funkhouser will be attending the state JOI Convention next weekend with students from Treynor and Underwood.

Can Sorting is Wednesday with the Dance Team (correction from last week.)

See www.treynorschools.org for details of the school activities.

Optimists, plan to meet next Saturday at the Iowa Western Community College Student Center at 8:00 AM for Breakfast and a tour of the Culinary Arts Dept.

Optimist Club meetings run from 8-9 AM each Saturday morning at the Treynor Community Building (Legion Room). The coffee is always on and donuts are served (and sometimes breakfast)! Come join us for fun, fellowship, and interesting programs!

A Thought:

Cleaning house with kids at home is like shoveling snow while it's still snowing.

Calendar

Mar 19	Music Boosters Eat Wings Fundraiser 11 AM/11 PM, Coupon needed
Mar 20	Elementary Literacy night, 5-7 p.m. sponsored by Cardinal Core
Mar 21	Parents Meeting to learn about Internet Safety and other Safety issues at Silos. 5:30 p.m. Free Pizza, meeting 6:00-8:00.
Mar 21	Can Kennel Sorting
Apr 10	Arbor Day mulching at the High School
Apr 27	Treynor Athletic Booster Bash fundraiser Treynor Community Building Gail Hartigan will be honored.

Birthdays

Anniversaries

Programs

March	Dale Willenborg
April	Gary Funkhouser

Speakers

March 17	– Teri Keller, Exercises for everyone
March 24	– Meeting at Iowa Western Community College Culinary Arts Center with Mike Hoppe
March 30	-