



July 14, 2018

Vol. 34 No.28

### **Julie Buckelew Speaks about Cardiac Care**

Julie Buckelew spoke to the Treynor Optimists on July 14 about Cardiac Care. Julie graduated from Jennie Edmundson in 1986. After working as an orthopedic nurse, as a floater, and intensive care nurse, she found her passion as a cardiac catheter lab- chest pain coordinator. Julie is married to Dan Buckelew and lives near Treynor. They have two adult sons.



**Julie Buckelew**

A Helmsley Grant has allowed The Mission Life Line to begin in North Dakota and now is benefiting nine states, including Iowa. The mission is that every person gets the same cardiac care when exhibiting chest pain. All health care facilities in Iowa, including EMS departments, agree on the same procedures. Care in Walnut is the same as in Davenport. The most recent research is shared to get the same treatment. Julie coordinates this effort and training. This is done through conference calls, meeting in person, and an advisory committee.

She described chest pain protocol. Aspirin is given immediately (comparable to four baby or two regular aspirins – chewing is preferable). A determination needs to be made if it is really

chest pain or lungs, etc. Blood work and an EKG are done within ten minutes and then read in ten minutes. The score determines if the patient is treated immediately or can wait. From entering the door to balloon time, a patient is to be treated in 60 minutes or less. The current average at Jennie Edmundson is 30+minutes. The standardization allows a patient coming from another facility to skip the Emergency Department.

Buckelew discussed the importance of calling 911 if experiencing chest pain. Having someone drive you can add 30 more minutes to the process. EMS care has improved greatly. All care providers are in agreement to take the patient to the nearest hospital. All patients can go back to their own community for their primary care and cardiac rehab. If a bypass, etc. is needed, the patient will be transferred to the hospital of their choice. The whole program emphasizes training and commitment to do what is best for the patient.

Other topics discussed were new types of stints, sleep apnea, lifestyle, stress heart attacks, and transplants.

### **Meeting Minutes**

Keith Denton called the meeting to order. Fifteen members were present plus one guest, Julie Buckelew. After the pledge of allegiance, Dee Guttau offered the prayer.

Keith Denton and Gary Funkhouser shared jokes.

Bill Vorthmann won the 50/50 raffle and John Klein won the attendance drawing but was not present.

Gary Guttau's birthday was observed.

Bragging rights dollars were contributed by Keith Denton (\$2) for Eva's marriage and safe return from their Hawaiian honeymoon. Dennis White donated to announce that he has a new granddaughter, Kendall. (Darrin is father) Judy Guttau contributed to announce that they had seen the play, Annie, at the Ralston Community

Theater and that Sarah Zach Ebke, with local roots, is excellent. It is on for another weekend. Kirk Vorthmann donated to announce their sweet corn is in abundance and stated it's available for members to help themselves.

A thank you was shared from the Silver Keg Feeders 4-H Club. It was noted that the undesignated church offering from Treynor Days may be coming to the Optimist Club. Apparently different community groups are chosen each year.

A sign-up sheet was passed to watch gates on Thursday, July 26 from noon to 6 PM (2 hr. shifts) at WestFair. Dee Guttau will be teaching a beginners gardening class at 4 PM that day at the fair.

Gary Guttau stated that the St. Lutheran Church Youth earned a total of \$1334.85 from the can kennel. Workers at the can kennel to help the football players on Wednesday were Bill Vorthmann, Gary Guttau, Chad Guttau, Gary Funkhouser, John Klein and 8-10 football players.

A cordless can opener donated by Bill and Ann Vorthmann was auctioned off. Ken Graham purchased it for \$5.

The District Optimist Convention is Aug. 3-5.

The meeting was adjourned with the stating of the Optimist Creed.

*Remember: All guests are welcome! Come be informed and enjoy the fellowship. The coffee is on and donuts are available.*

**YOU KNOW YOU'RE FROM IOWA IF YOUR FAMILY VACATION IS DRIVING 2 HOURS TO GO SHOPPING FOR THE DAY.**

**YOU KNOW YOU'RE FROM IOWA IF YOU CAN DO A 360 AND ALL YOU SEE ARE CORN FIELDS.**

#### **Calendar**

July 26 Watch gates at Westfair (Noon – 6 PM)  
Aug 3-5 District Optimist Convention

#### **Birthdays**

July 23 Jerry Hempel  
July 27 Jim Clausen

#### **Anniversaries**

July 25 Chuck and Kathy Nielsen

#### **Programs**

July Chuck Nielsen (last 2 weeks)  
August Judy Guttau

#### **Speakers**

July 21 Jeannette Blackstone, Director  
Country House Residence  
July 28 Tina Bakehouse, Golden Hills R&D  
Aug 4 "Stop the Bleed" Program starting at 8 AM  
Aug. 11 Alora Nowlin, Girls State attendee and scholarship recipient, JOI Club President

Judy Guttau, Editor, 31107 Dogwood Rd, Treynor, IA 51575  
402-670-4330 [judy.guttau@tsbg.com](mailto:judy.guttau@tsbg.com)

Dues/Donations/Flag Money: Mail to Optimist Club of Treynor, PO Box 354, Treynor, IA 51575