



Sept 29, 2018

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### **Angels Care Program**

Sandy Howard presented the Angels Care Home Health Program at the Treynor Optimist Club meeting on September 29. Angels Care Home Health attends to patients with skilled nursing and disease management programs at home.



**Sandy Howard**

They offer 100% Medicare coverage and can be reached at 900 Woodbury Avenue, Suite 2-B, Council Bluffs, 712-352-3640 and at [angelscarehealth.com](http://angelscarehealth.com). They are also located in Shenandoah and Denison.

Their disease management programs include Alzheimer's, diabetes, CHF, COPD, hypertension, falls prevention, Parkinson's, nerve pain/neuropathies, stroke/TBI, heart attack, pneumonia. They also offer a number of other services such as skilled nursing, wound care, medication management and education, blood glucose monitoring, blood draws in the home for labs needed, care connections pre-palliative care, behavioral health program, hospice and end of life care, and personal health coach.

Sandy asked, "Who wants to go to a nursing home?" Angels Care can provide health care in your home and get you to the best you can be.

She stated people put off asking for help too long. Angels Care is committed to helping people get the care they need. If they can't help, they advise about other health services in the community.

### **Meeting Minutes**

Vice President Dale Willenborg called the meeting to order. Eleven members were present and one guest, speaker Sandy Howard. Kirk Vorthmann shared a joke followed by the Pledge of Allegiance. Dale Willenborg gave the opening prayer. Kirk Vorthmann won the 50/50 award and John Klein won the attendance drawing but was not present. Gary Gutttau won the Football Contest.

For bragging rights, Dale Willenborg contributed for the Treynor football game win against Underwood. Kevin Underwood paid to announce that there would be a baked goods sale Sunday from 4-7 PM at the McClelland Hall and Mount Hope. Kirk Vorthmann contributed because his granddaughter, Ashlyn, had her appendix removed.

There were no birthdays or anniversaries to observe.

The Can Kennel sorting will be on Wednesday after school to help the Dance Studio.

Scholarship winners need to pick up their checks. Dictionaries were delivered. There was discussion about many damaged flags. It was decided to not put them up by the cemetery or the high school in the future. (Extra flags had been put there this year as an experiment.)

There being no further business, the meeting was adjourned by stating the Optimists Pledge.

### **Think about these:**

- If all the world is a stage, where is the audience sitting?
- Why do we put suits in garment bags and garments in a suitcase?

- How come “abbreviated” is such a long word?

**Calendar**

Oct 3 Can kennel sorting for Studio 7 Dance

**Birthdays**

Oct 17 Marsha Underwood  
Oct 29 Bill Vorthmann

**Anniversaries**

Oct 13 Dale & Dianne Willenborg  
Oct 17 Dennis & Kay White

**Programs**

October Bill Vorthmann  
November Keith Denton

**Speakers**

Newsletter notes-Dee Guttau

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Dues/Donations/Flag Money: Mail to Optimist Club of Treynor, PO Box 354, Treynor, IA 51575