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Amy Graber Speaking on Cancer

Amy Graber, her husband Jerry, and three sons moved from Council Bluffs to Treynor in 2002 to raise their sons in a small-town environment. Austin is working for Nate Boulton, a Democrat running for Governor of Iowa. He oversees all Western Iowa. Brandon teaches math at West Branch Middle School. Cameron is in pre-med at the University of Iowa. His goal is to become an Oncology Radiologist.



Amy Graber

Amy is an Oncology nurse and works at CHI in Omaha. She spoke about the American Cancer Society. She has been volunteering for them for 16 years. The American Cancer Society is a nationwide voluntary health organization dedicated to eliminating cancer. Their focus is to save lives by helping people stay well, helping people get well by finding cures and fighting back.

Cancer is the second leading cause of death in the USA. 40% of all men and 38% of all women will have cancer at some time in their lifetime. The American Cancer Society has many programs and services available. One program is

Road to Recovery. Volunteer drivers take patients to their appointments and treatments helping provide transportation and emotional support. Hope Lodge is located at 8030 Farnam Street in Omaha on land donated by Methodist Health System. It has 32 rooms for patients and one caregiver to stay free to be close to outpatient services as long as needed. It serves rural Iowa and Nebraska. There is a bedroom area and a living area in each unit to allow a quiet space for patients to rest. On the first floor there is a kitchen, laundry, gym and visiting area. Visiting areas is on first floor only.

The major fund raiser for the American Cancer Society is Relay for Life. Pottawattamie County is having their relay in Treynor on June 9th 2018 at the Cardinal Athletic Complex. Amy is the chairman of team development. People can register to form teams of 6 to 12 people for free. Team members get a T shirt and get other people to sponsor them with a pledge for their participation in the relay. The relay lasts from 4:00 p.m.-10:00 p.m. One or two team members must be walking at all times and trade off. There are many events going on during the relay such as music and games. The public is invited to cheer them on. There is also a luminary ceremony. For \$10.00 a bag you can honor a survivor or lost loved one. There is a survivor's dinner. Purple is the color for all cancer survivors. Businesses may sponsor the American Cancer Society. The theme is "Paint Your World Purple."

Meeting Minutes

Gary Guttau called the meeting to order with 10 members and 2 guests, Amy and Jerry Graber.

Gary Guttau and Ken Graham provided humor. After the pledge of allegiance Dee Guttau said the prayer.

Dee Guttau won the 50/50 drawing. Chuck Nielsen won the attendance drawing, but was not present. There were no anniversaries or birthdays.

For bragging rights: Ken Graham stated that the First Baptist Church in Bellevue NE is having a cancer benefit for his daughter Michelle Graham. Michelle was diagnosed with Metastatic Melanoma on February 22nd, 2016. All money will go to help with medical bills. Chad Gutttau bragged about his time in Des Moines with Jon Jacobson. He also visited Mary Mosiman. David Young has expressed a desire to speak to the Optimist and catch them up on events going on in the Senate. Kirk Vorthmann bragged his granddaughter placed 5th in the Treynor Optimist Oratorical contest.

The cheerleaders had their final can kennel collection. The cheerleaders and their sponsor Nicole Reed were assisted by optimists Gary Gutttau, John Klein and Ken Graham. It was very slick in the sorting area.

Ann Vorthmann, said she learned that the Underwood Optimist Club is having a walk on June 23 to earn money for Optimist Childhood Cancer Fund.

John Klein passed around the completed application for the Optimist grant money for the Fire Hydrant Party, which is ready to be sent.

John Klein suggested members sign up to take care of one Can Kennel Team per year. That would include letting the group know it was their turn, open, setup and get the count of bags. If unable to be there themselves, get someone else to do it.

Jan Young and Pat Hope are asking for help to get the Treynor City Council to not charge the Red Cross for using the community building for blood donations. They will charge them \$450 three times each year when they use it. Residents of Treynor of Treynor are encouraged to support this. No other towns in the area charge the Red Cross.

On March 21st at 5:30 PM there will be a session to teach adults about social media and tech skills to protect their children. More information will follow.

Optimist Club meetings run from 8-9 AM each Saturday morning at the Treynor Community Building (Legion Room). The coffee is always on and donuts are served (and sometimes breakfast)! Come join us for fun, fellowship, and interesting programs!

Calendar

- Mar. 7 Can Kennel Sorting – Treynor Dance Team (may be changed to Tuesday because of the basketball game.)
- Mar 13 Elementary Art night
- Mar 14 Babysitting clinic
- Mar 15 IWCC Jazz Festival
- Mar 20 Elementary Literacy night, 5-7 p.m.
- Mar 21 Parents Meeting to learn about Internet Safety and other Safety issues at Silos. 5:30 p.m. Free Pizza, meeting 6:00-8:00.
- Apr 10 Arbor Day mulching at the High School

Birthdays

- Mar 2 Ward Chambers
- Mar 11 Kenneth Graham
- Mar 20 Jon Jacobsen

Anniversaries

- Mar 4 Gene & Erika Seran
- Mar 8 Keith & Georgia Denton

Programs

- March Dale Willenborg
- April Gary Funkhouser

Speakers

- March 3 – Discussion on hobbies
- March 10 -
- March 17 – Teri Keller, Exercises for everyone
- March 24 – Meeting at Iowa Western Community College Cullinary Arts Center with Mike Hoppe
- March 30 -

This Newsletter by Dale Willenborg

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Dues/Donations/Flag Money: Mail to Optimist Club of Treynor, PO Box 354, Treynor, IA 51575