



June 20, 2020

Vol. 36 No. 14

Cory Damgaard, Valkyrie Arms owner



Cory Damgaard spoke to the Treynor Optimist Club on June 20. He moved to Treynor three years ago. He is married to Alisha and they live in the former Collins house. He was a Marine from 1992 to 1997 and had to get out because of Post-traumatic stress disorder (PTSD). He also had a son that he

wanted to be home to help raise. He said that 22 people die each day due to PTSD.

Cory grew up on the West end of Council Bluffs. In 2017 he started painting guns. He said it is very therapeutic for him. He also has a service dog that wakes him up at night when he is having nightmares. The 150 pound dog, Oden, nudges him first, then climbs on top of him if he doesn't wake up. The dog and meds help him with his depression and anxiety.

He has Danish and Swedish ancestry so he named his shop, Valkyrie Arms because *valkyrja* in Norse mythology ("chooser of the slain") is one of a host of female figures who choose those who may die in battle and those who may live. He fought a lot of battles when he was a Marine. Much of his action was in third world countries where women and children are taught to kill Americans so soldiers are forced to kill or be killed.

He opened the shop, Valkyrie Arms, in November 2017 in Treynor.

All proceeds from Valkyrie Arms go toward PTSD causes. Cory also helps with food donations and Toys for Tots. He also works on Sheriff's guns for free to be supportive of law enforcement.

For income he works on cell phone towers, doing repairs and maintenance.



Meeting Minutes

Bill Vorthmann, President, called the meeting to order at the Treynor Community Building. Thirteen members and five guests were present.

The group said the Pledge of Allegiance and Dale Willenborg gave the opening prayer.

Chad Gutttau, Dale Willenborg, and Bill Vorthmann provided humor.

There were no birthday or anniversary celebrations.

Chad Gutttau won the 50/50 drawing. Jim Clausen won the attendance drawing.

2020 Optimist Scholarship Winners



L-R: Kennedy Elwood, Tori Castle, Luke Mieska, Cainan Davidson picked up their scholarship money.

Bragging Rights: (\$ to fund youth activities)

None this week

The can kennel for June 11-July 8 is for the Living Hope Youth Group. Sorting will be Wednesday and Gary Guttau will open the can kennel for sorting at 7:00 p.m. Wednesday.

Community News:

There will be a Treynor Drive-In Concert featuring the Polka Police at the Treynor Community Center parking lot on Sunday, June 28 from 4:00-5:00 p.m. The concert is free, but donation of food pantry items is suggested.

New Business:

Jordan Campbell agreed to be the club Vice President next year.

Jim Clausen said the club needs to have a group activity this summer. There will be further discussion in the future.

The can kennel is out of large size gloves and almost out of extra large gloves. If anyone knows a doctor's office or hospital that would like to donate some, please contact them. The club will also buy some gloves.

Kirk Vorthmann will talk to the speaker coming in a few weeks to see if the Woodman of the World would donate 20 flags. Some flags are getting worn out. The club bought 20 new ones this year.

We will put up flags for July 4 on Friday, July 3 at 9:30 a.m. to get done before it gets really hot. Meet at Gary Guttau's house to pick up flags. There will be no meeting July 4.

We have 160 paid flags as of Friday, June 19.

Auction items were pumpkin seeds provided by the Gary Guttau family and were purchased by Dale Willenborg and Jim Clausen.

There being no further business, the meeting was adjourned and concluded with the saying of the Optimist pledge. The club then went to the Valkyrie Arms building on Highway 92.

HUMOR



Calendar

- June 24 Can Kennel Sorting 7 PM
- June 28 Treynor Drive-in Concert at Community Center parking lot, 4-5 PM
- July 3 Friday. Flags put up on Friday morning for July 4, 9:30 a.m. Meet at Guttau's house
- July 5 Take down flags, 4:00 p.m.
- Aug 14 – Iowa District Optimist Convention in Dubuque.

Birthdays

Anniversaries

- June 28 Mick and Judy Guttau
- June 29 Dave and Linda Danker

Programs

- June - John Klein
- July - Kirk Vorthmann
- August - Dale Willenborg
- September - Jordan Campbell
- October - Bill Vorthmann
- November - Jerry Hempel
- December 6, 13 -Ken Graham
- December 19, 26- Chad Guttau

Speakers

June 27: New Treynor City Manager, Mike Holton will speak on the issues and opportunities facing Treynor, Iowa.

July 4: No meeting

July 11: Doug Sullivan is the scheduled speaker

Hope you Dads had a great Father's Day!

Dale Willenborg, Dee Guttau, contributors

Judy Guttau, judy.guttau@tsbg.com, 402-670-4330

Dues/Donations/Flag Money: Mail to Optimist Club of Treynor, PO Box 354, Treynor, IA 51575