



July 2, 2022

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Kayli Christensen Speaks



Kayli Christensen, Treynor graduate, received her doctorate in Physical Therapy this May and accepted a position starting June 6 with Children's Hospital in Omaha. Her last year prior to graduation was spent in clinical rotations which covered

four states. Four weeks were in the Dominican Republic with a program called ILAC, a partnership program with Creighton University.

Stories and pictures of her mom's experience with ILAC always fascinated Kayli as a little girl. Twenty four years later Kayli went with 17 of her classmates for the four-week experience. Professionals also served as mentors in two week periods.

Kayli said the experience was very impactful, changed the course of the way she thinks in her practice now and her awareness of community. She spent her four weeks in Santiago, Dominican Republic, a city of 250,000. ILAC provided a variety of experiences for various teams specific to their educational interests.

Kayli spent her mornings at an orphanage for kids with special needs. Her team worked on helping educate workers on the importance of positioning in feeding the kids, helping them stretch and getting them up to walk. Challenges were having such a low ratio of adults to children and speaking in Spanish but two on their team were quite fluent.

Baseball is a big thing in the Dominican Republic. There were two classmates who creatively helped the kids strengthen their bodies by using old laundry baskets for sled pulls and water bottles filled with rocks for weights.

The health system in the Dominican Republic has public and private hospitals. Kayli said the public hospitals were very lacking. There were only two separate crutches which were

different in length so a machete type knife was used to saw one off. If you have unused medical aids you could donate, contact Kayli. She also stated the emergency room at the public hospitals are closed from midnight to 5 AM. There are many dire needs.

In the afternoons they were able to visit historical museums and served the Haitian Bateyes. In the 50's Haitians were hired and given small plots of land for them to work in the fields. A hurricane in the 70's left people without government assistance and medical care. Her team administered oral de-parasite meds to the children. Some therapy was provided. Holding their hand, feeding them breakfast affected the children and her, even if they couldn't communicate verbally. Kayli said they were a light to the children, that the ministry of presence and the use of hands is powerful. She was also moved by the power of the children's imagination.

Kayli says she hopes to continue in the pediatric realm with physical therapy. She stated in the US we are so blessed and she wants to use that blessing to go and serve others – trips to Dominican Republic or other countries. She also hopes to be helpful in parts of Omaha where there is also intense poverty. Congrats, Kayli, on your achievements and for your desire to help others!

Next week's speaker will be:

Kevin Forristall, President TS Bank

All are welcome!

Meetings are from 8-9 AM, Saturdays

Treynor Community Building

FAMOUS QUOTE

"You miss 100% of the shots you don't take."

Wayne Gretzky

Meeting Minutes

Dale Willenborg called the meeting to order. Present were 18 members plus many guests: Julie Funkhouser, Janise Waggoner, Keith and Carla Christensen, Tyler Christensen, Nate Christensen, Josie Davidson, Rachel Kinsella, Thomas Schwartz, Aalanah Buckingham, and Kayli Christensen.

Dale led the Pledge of Allegiance and Dee Guttau gave the opening prayer.

Jokes were shared by Keith Denton.

50/50 was won by Steve Chambers. Chuck Nielsen won the attendance drawing but wasn't present to win.

Birthdays/Anniversaries: There were no birthdays. Jeff Jorgensen announced his and Mary Beth's 32nd anniversary on July 14.

Bragging Rights: (\$ are used for youth activities)

- John paid \$4 to brag on the great baked goods he and Carol purchased at the Mt. Hope Yard Sale last Saturday. He strongly recommends attending next time!
- Gary Guttau reported on his cat scan from his fall. His ham string is better and no surgery is needed.

BUSINESS:

- Westfair has asked the Treynor Optimists to help watch gates at Westfair on July 28. Dale announced we would be watching two gates from 12-2:30 and 2:30 – 5. Volunteers are needed.
- We will take down flags at 9 AM on Wed., July 6. 208 or 209 flags have been put up. Dale reported he ordered 20 more flags but they are back ordered.
- Bill Vorthmann thanked the Optimists who helped with Bingo at Treynor Days. \$1100 was brought in for Treynor Days. He stated we are to assume each year that the Optimists will help with Bingo.
- Gary Guttau ran 50/50 during Bingo and reported \$330 was taken in. Mike Boehm was the winner but donated his half back.



L-R: Dale Willenborg, Nate Christensen, Tyler Christensen

The Silver Keg Feeders, represented by Nate Christensen, Treasure, and Tyler Christensen, President to receive their Can Kennel check for the club for \$1363.05. The boys reported the funds would be used for expenses at fair time. They also reported on community service projects the club pursuits.



L-R: Thomas Schwartz, Aalanah Buckingham, Rachel Kinsella, Josie Davidson.

Schwartz will attend IWCC to study cybersecurity and be a kicker on the football team, Buckingham will study international relations at Drake, Kinsella will run track and study pre-med at Loyola, Davidson will study bio-engineering at Stanford.

- John Klein reported there were approximately 43 kids participating in the water sprinkler event at Treynor Days with that many adults there including a couple adults who ran through also.

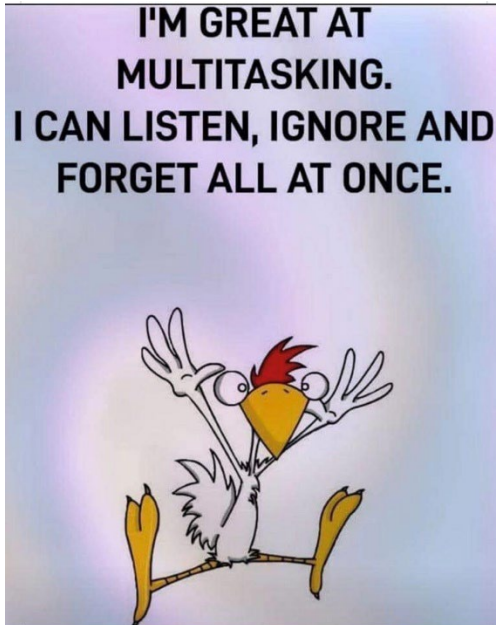
COMMUNITY NEWS:

Free Speech America Fireworks to be held at Westfair as a free event that night were announced

The meeting was closed with reciting the Optimist Creed.

HUMOR

(This isn't even funny!!)



Calendar

Editor: Judy Guttai, judy.guttai@tsbg.com, 402-670-4330 Contributors: Dee Guttai
Dues/Donations/Flag Money: Mail to Optimist Club of Treynor, PO Box 354, Treynor, IA 51575

Events

July 6 Take down flags at 9 am
July 28 Help with gates at WestFair

Birthdays

July 14 Gary Guttai
July 23 Jerry Hempel
July 27 Jim Clausen

Anniversaries

July 15 Jordan & Katie Campbell
July 25 Chuck & Kathy Nielsen

Programs

July Phil Waggoner (1&3 Sat)
Judy Guttai (2,4&5 Sat)
Aug Bill Vorthmann (first two)
Jim Clausen (last two)
Sept Jordan Campbell

Speakers

July 9 Kevin Forristall, President TS Bank
July 16 TBA
July 23 Kyle Osborne, TS Institute – Financial Literacy
July 30 John Heatley, Chaplain Pott Co. Good News Jail & Prison Ministries