



Apr. 29, 2023

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## Carolyn Ettinger, Wings of Hope



Carolyn Ettinger is the Executive Director of Wings of Hope Cancer Support Center in Council Bluffs. Wings of Hope was started in 1987 as a support group. In 1994 it became a nonprofit. Carolyn joined Wings of Hope in 2002.

Wings of Hope is an emotional and care support organization. They work mainly with adults with

cancer and their support people. Children's Hospital has programs for children.

Their main care programs are a wig room, a survivor bag, counseling, and financial essentials, such as creams, automobile gas for appointments, food assistance, etc.

Carolyn does counseling in person, over zoom, and on the phone. She also practices healing touch and teaches positive coping skills. All services are free. Most of her patients are women. She focuses on all areas of life, spiritual, mental, and emotional.

Wings of Hope has an indoor healing garden for relaxation and thought. They also have professionals come there for occupational therapy and acupuncture

Survivorship programming includes a learning circle where survivors talk in depth about their challenges. Some people may need cancer treatments their whole life.

Wings of Home sponsors various support groups, such as a movement class that meets twice a month. They have weekly online groups that meet for 30 minutes for survivors and caregivers.

Carolyn has one full time staff person and three part time. She is the only counselor.

Wings of Hope mainly works with both Council Bluffs hospitals. They reach out and help people in Red Oak, Shenandoah, Harlan, Atlantic, and other surrounding towns. Financial assistance is only available to people who live or are treated in Iowa.

Carolyn had cancer at age 36. She has a counseling degree. There are a variety of medical people on the Board of Wings of Hope.

Carolyn was born in Des Moines. Her husband is a recently retired minister for Community of Christ. They have two children.

Carolyn said that family is very helpful for recovery. However, sometimes it is helpful to talk to someone not in the family. She has about 3000 appointments per year. Wings of Hope would like to expand when financing is available. Fundraising provides most funding.

Wings of Hope Cancer Support Center  
427 E. Kaneshville Boulevard, Suite 202  
Council Bluffs, IA 51503  
712-325-8970  
Wingsofhope.org

Thanks to Dale Willenborg for taking notes.

### Next week's Speaker:

**TBA**

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## Meeting Minutes

Jordan Campbell called the meeting to order and led the pledge. Seventeen members were present plus our guest speaker, Carolyn Ettinger. Steve Irvin offered the prayer. Steve Chambers shared jokes.

**50/50:** Kevin Underwood won.

**Attendance:** Shelly Bailey won, but was not present.

**Birthdays:** None

**Anniversaries:** None

**Bragging Rights:** (Dollars are contributed to benefit local youth programs.)

- Glenrose Meier said her son has cancer, but it hasn't grown. Her grandson just joined the Marines.
- Gary Funkhouser said that the Booster Bash raised over \$100,000.
- Dale Willenborg said the Teammates went to the Zoo on Tuesday and had great weather.

- Jeff Jorgensen contributed for Glenrose Meier's grandson who joined the Marines.

**Business:**

1. Helpers for Can Kennel sorting with the Cub Scouts were Dale Willenborg, Gary Guttau, Chad Guttau, and Steve Chambers.
2. Mulch Madness is Monday. There are 30+ adults signed up to help. John Klein can use additional volunteers at 9:00 a.m. to dig holes for the trees. Other adults should arrive at 12:30. The 5<sup>th</sup> grade will be planting and mulching the trees.
3. We have received checks for \$2870 for 71 flags.

**Community:**

- Cinco De Mayo Fiesta at Zion Congregational Church Friday, May 5 starts at 5 PM.
- The Master Gardeners worked on the bushes and flowers around the helicopter. They will have a plant sale on Saturday, May 13 at Westfair, 8:00-11:00 a.m.

There being no further business the meeting was adjourned.

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**HUMOR**



I don't know  
how to use TikTok,  
but I can write in cursive,  
do long division  
and tell time on clocks  
with hands...  
so there's that.

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**Calendar**

**Events**

- |       |  |
|-------|--|
| May 5 | Cinco de Mayo tacos and more on May 5 <sup>th</sup> at Zion Congregational Church from 5-7:30. |
| May 8 | Ribbon cutting for the new City offices at 10:00 AM  |

**Birthdays**

- |        |                |
|--------|----------------|
| May 11 | Keith Denton   |
| May 21 | Steve Irvin    |
| May 22 | Kirk Vorthmann |

**Anniversaries**

- |     |      |
|-----|------|
| May | None |
|-----|------|

**Programs:**

- |      |  |
|------|--|
| May  | Dale Willenborg                                  |
| June | Steve Irvin (first 2)<br>Jeff Jorgensen (last 2) |
| July | Chad Guttau                                      |

**Speakers**

- |       |                 |
|-------|-----------------|
| May 6 | To be Announced |
|-------|-----------------|

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