



May 25, 2024

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### Joe Chapman, Girls Basketball Coach



Joe Chapman, Treynor High School Basketball Girls Coach, stated he has coached the girls for eight years (plus five years before with boys) and besides family, he is most proud of being able to coach the Treynor girls.

Phil Waggoner introduced him and stated that Joe went to the state tournament two years in a row, had a one-year break, and then went again. A memory Joe has about Phil was that Phil drove the bus to the state tournament when they won it. The weather was bad coming home that night and parents were calling him about it, Phil was driving perfectly, and Joe said he didn't notice the bad roads because all he could do was stare at the trophy!

After 8 years, Joe stated his coaching priorities have changed. Early on in his coaching it was about records and winning. Now he says winning has less meaning. As he greets his players and former athletes at grad parties, there are so many memories shared and it has nothing to do with wins or losses.

Caitlin Clark may have something to do with increasing numbers. He's happy to have 24 girls sign up for next year with two seniors. He has had as little as 13. Treynor does have the most out in the WIC. Unfortunately, Audubon has dropped girls' basketball the last 2 years due to not having enough interest and he sees this as a growing trend.

Joe gave credit to the youth coaches. In the past he has held three day-camps in the summer. The emphasis this year is more on fundamentals (such as footwork and getting open). The 4<sup>th</sup>-7<sup>th</sup> grade girls are currently meeting one hour a week for 8 weeks. 20 girls were expected, but 42 came.

Details about the game were discussed. Joe stated that the layup and 3-pointer are most rewarding, especially when the layup draws a foul. As an example, Claire Schrage is a good 3-point shooter, but is one of the best free throw shooters so the coaches are working on getting her to the foul line more.

Joe stated in high school 31% is a good 3-point average. 50% is good for 2 pointers. He mentioned free throw % for state champions over the last 10 years has been around 68%. It was stated that Konnor Sudman had a 91% average in high school at one time with free throws and finished her career with 84.4%. Rules on free throws changed last year and it will be a huge emphasis for his team next year.

Assistant coaches are Jenny Zadalis, Adrian Okerbloom, and Shane Reed. Chapman stated his appreciation of his assistant coaches. He thinks it is fantastic to have two females. Having a diverse coaching staff has created a positive culture and environment.

One issue that bothers Coach is the rule in Iowa, which is not a law, even though WIC does abide by it, is the fact that male coaches can't go into the locker room at any time – pre-, mid-, or post- game. He feels there are teachable moments pre-game, half-time and post-game, but instead they are provided a classroom which can be distracting and further away from the gym. Des Moines area and Eastern Iowa do not abide by the rule. Some teams at state this year were given an unusual situation of a small room with no chairs or white board to meet in, if their school happened to follow the rule even though other teams were granted full access. It is inconsistent throughout the state.

Joe was very appreciative of the opportunity to discuss Treynor girls' basketball.

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### Next week's Speaker:

**Matt Hansman, Treynor Science Teacher**

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## FAMOUS QUOTE

“Lead from the heart, not the head.”

Princess Diana

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## Meeting Minutes

Dale Willenborg, called the meeting to order. Nineteen members were present as well as two guests, Joe Chapman and Grace Emhke.

The group recited the pledge and Jordan Campbell gave the prayer.

**Jokes:** Keith Denton, Jordan Campbell, and Steve Chambers.

**50/50:** Kathy Luedke

**Attendance:** Josh Guttau (not present)

**Birthdays/Anniversaries:** We celebrated Steve Irvin and Kirk Vorthmann's birthdays.

**Bragging Rights:** (Dollars are contributed to benefit local youth programs.)

- Chad Guttau donated because the Master Gardeners completed preparation of plantings by the Treynor Veterans Monument.
- Marsha Underwood donated \$12 in observance of her 12-year anniversary of her brain aneurysm.
- Dennis White donated \$2, one for the boys' soccer team and one for the girls' soccer team for their accomplishments.
- Keith Denton donated \$1 for St. Albert girls getting to go to state in soccer.
- Kevin Underwood and Marsha Underwood both donated for Treynor girls getting to go to state in soccer.
- Dale Willenborg donated \$1 for Ken Graham loaning him his metal detector for putting in flag holders.
- Judy Guttau bragged on Phil Waggoner as this year's Gail Hartigan Award winner at the Treynor Athletic Booster Bash this spring.
- Jerry Hempel announced that Dick Fox's grandson Tyler Brown was the NCAA champion for Univ of Nebraska in the javelin and will get to compete in Oregon. Only 24 qualified in the nation. Keith Denton contributed to this also.

- Gary Guttau stated he was lucky to be here. He went to the doctor and landed in the hospital Tues. afternoon and was released Wednesday for arrhythmia, which was first discovered in 2002. He was taken off medicine for a sore elbow that contributed to the arrhythmia.

## Business:

- Can Kennel sorting will be Sunday, May 26 at 5 PM.
- \$8585 has come in for flags to date. Please let Dale know if you see some flags that need fixing.
- Flags will be taken down May 28 at 5:00 PM. St. Paul Youth will help in taking them down.
- Bill Vorthmann and Jim Clausen will coordinate putting up flags next time.
- The group voted to purchase a locking mail box which will be put on the can kennel for people to drop off flag payments. It is a secure device and there are cameras on the can kennel. Jordan Campbell recommended we set up a Venmo account for future payments.
- John Klein sent an email this week stating that a final count of 27 children have signed up for the swim lesson bus to Lewis Central. Steve Fahrenkrug has volunteered to chaperone each day and Jordan Campbell stated that different girls who work for Impact will be utilized to volunteer. The extra \$50 made will most likely be used for treats on the last day.



Grace Ehmke received her \$500 Treynor Optimist Scholarship today. Grace will attend Ellsworth Community College in Iowa Falls for two years and will have a triple major:

Equine Science, Equine Management, and Business Management. She then wants to work as a large animal veterinarian technician. Grace moved here in 8<sup>th</sup> grade from Manhattan, KS and compared the large school system and Treynor. Her favorite thing was the people and friends she met here.

## Community:

- The WIDA (Western Iowa Development Association) newsletter was forwarded to Optimist members and friends of Optimists during the week.

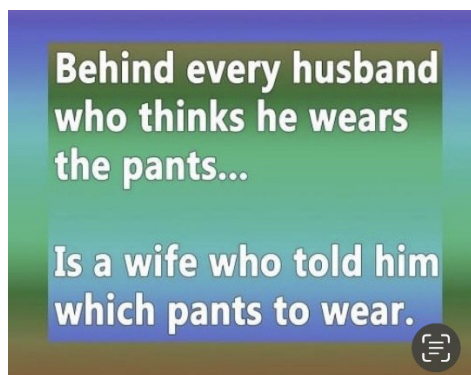
## Community Events:

Wed. May 29 – Treynor JV and Varsity Girls Softball vs Audubon in Treynor

Thurs., May 30 – Treynor JV and Varsity Girls Softball vs Tri-Center – Treynor and Treynor JV and Varsity Boys Baseball vs. Tri-Center - Treynor

There being no further business, the meeting was adjourned.

## HUMOR



## CALENDAR

### Events:

May 26 Sunday – Can Kennel for Music Boosters 5:00 PM

### Birthdays

### Anniversaries

### Programs:

June Steve Irvin (1<sup>st</sup>/2<sup>nd</sup> Sat)  
Joel Beyenhof (3<sup>rd</sup> Sat)  
Judy Guttau (4<sup>th</sup>/5<sup>th</sup> Sat)

July Judy Guttau (1<sup>st</sup>/2<sup>nd</sup> Sat.)  
Dale Willenborg (3<sup>rd</sup> Sat.)  
Joel Beyenhof (4<sup>th</sup> Sat)

Aug Chad Guttau

Sept Jim Clausen (1<sup>st</sup>/2<sup>nd</sup> Sat)  
Bill Vorthmann (3<sup>rd</sup>/4<sup>th</sup> Sat)

Oct Gary Guttau

Nov Jordan Campbell (1<sup>st</sup>/2<sup>nd</sup> Sat)  
Jerry Hempel (3<sup>rd</sup>/4<sup>th</sup> Sat)

Dec Mick and Judy Guttau

### Speakers

June 1 Matt Hansmann, Science Teacher

June 8 Jacob Beresh, Social Science Teacher

June 15 Carrie Currin, Elementary Counselor  
**Also Kallie Danker – All State Speech**

June 22 Andrew Moats, Co. Recorder,  
“Property Fraud”

June 29 Vicki Dowling – Treynor History Memories

July 6 Christine Buresh Ford, “Gather at the Table” coffee shop ministry – Old Market Omaha

July 13 Treynor School Board Members, Brandon Vorthmann and Anica Buckingham Olsen.

July 20 Aaron Terry, Football Offensive Coordinator for Iowa Western Community College

July 27 Jill Kay, Treynor Elementary Principal

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Dues/Donations/Flag Money: Mail to Optimist Club of Treynor, PO Box 354, Treynor, IA 51575