



June 15, 2024

Vol. 40, No.22

### **Carrie Currin, Elementary Counselor**



Carrie Currin is in her 20<sup>th</sup> year of school counseling and in her 8<sup>th</sup> year at Treynor Elementary. She and her husband, LC, live in Treynor.

Carrie is the Treynor Counselor for Preschool through 5<sup>th</sup> grade. There are three sections of each grade and the

preschool is adding a second room. She said they are running out of room at the school. She is currently trying to make closets into book rooms. She stated it is a good problem. There are 350 students in the elementary with approximately 20 kids per classroom.

There are three domains counseling focuses on – academic, careers, social/emotional learning. Treynor is a highly rated elementary school, and she and her teams constantly look at data to make sure students are where they need to be with reading and math skills.

Currin goes into classrooms each week and does a guidance lesson on topics such as: knowing your feeling, emotional regulation, friendships, bullying, personal safety, self-control, don't use drugs, stop and think, self-gratification, and etiquette.

All students get some counseling, and some get more. Some come in for individual counseling on the recommendation of a teacher or parent. She listens and does problem solving with the student. This year she had friendship groups that would meet at lunchtime. This year all 4<sup>th</sup> grade girls were in one and discussed setting boundaries and friendships.

Bullying is discussed as to what it is and what it is not. It is purposeful behavior that is hurtful, repeated, and involves power

imbalance. It was expressed that it is important for students to learn to stand up for themselves and this is likely to be in the form of getting help. One inquiry was if more students who are perceived to have positive power can intervene by using their power for good. Currin stated there is also an app today where students can report an incident anonymously.

She teaches coping skills to deal with life when it is hard – breathing techniques, talking to people, exercise, taking a break, coloring, counting to slow yourself down. (This can apply to adults as well.)

Additional roles Mrs. Currin has are: 1) Student Assistance Team – looking at data once a month with administrators and others regarding keeping students proficient with academics as well as their emotional health. 2) School safety team – preventing suicide. 3) Teammates – the mentoring program, which UNL Coach Osborne started.

Carrie gave a pitch for Teammates. It requires an adult to meet with a student once a week for lunch for 30 mins. at the school. There are currently 38 mentors in Treynor. Jennifer Tiarks is President and Carrie helps to coordinate. This starts with 3<sup>rd</sup> graders and can continue to graduation. She stated there are a ton of kids who would like to have a mentor. If you are interested, please contact the school.

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#### **Next week's Speaker:**

**Andrew Moats, County Recorder**  
**Property Fraud Alerts, etc.**

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#### **FAMOUS QUOTE**

**“It is only when we take chances that our lives improve. The initial and the most difficult risk we need to take is to become honest.” Walter Anderson**

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## Meeting Minutes

Bill Vorthmann called the meeting to order. It was a great crowd today. Nineteen members were present as well as guests: Carrie Currin, Kallie Danker, Jill Davis, Norm & Donna Collins, Holden Minahan, Rachel Dyke, Sarah Vandevanter and sons James, Eli, and Brock.

**History note:** Bill said it was appropriate (due to yesterday being Flag Day) that on this day in 1777 Congress adopted the way the flag looks with the blue corner of stars and 13 stripes.

The group recited the pledge and Ken Graham gave the prayer.

**Jokes:** Gary Funkhouser, Keith Denton

**50/50:** Glenrose Meier

**Attendance:** Dee Guttau

**Birthdays/Anniversaries:** None

**Special Guest Performance:**



Kallie Danker performed her All State Speech which is classified as a Musical Theater Solo. It was entitled "Songs for a New World." It includes speaking and singing.

Kallie said she selected the piece because it was emotional and she was confined to one spot and it was something different.

Music teacher Jill Davis introduced Kallie and stated she is a studier. She learned the accent of a New York desperate house wife by listening and imitating. It is very select to be chosen for All State, which was in May, and the competition is with larger schools as well.

**Bragging Rights:** (Dollars are contributed to benefit local youth programs.)

- Judy Guttau bragged on Danny Kinsella, recent Treynor graduate, being named Mr. Iowa Soccer. This award only goes to one

male soccer player each year in the entire state.

- Dick Fox shared that he and Sherry drove 4000 miles on their trip to Eugene, OR where grandson Tyler competed in the javelin throw at the NCAA Track Meet. He placed 20<sup>th</sup>. There were 100,000 people attending.  
The trip was eventful: just missed hail, encountered snowplow, drove on road that collapsed a week later. He also reported their peach tree has no peaches.
- Bill Vorthmann reported that yesterday was one of those days: a cow rolled on its back into a fence, baler problems, tried to fix, then borrowed a cousin's baler and more problems. Out of 100 bales, 15 didn't get baled – not too bad. Plus there were Optimist flag issues at the end of the day, but all got resolved. And the cow lived!
- Dee Guttau contributed to state that their 2.5 acre pumpkin patch was planted just in time for today's rain!

## Business:



Holden Minahan picked up his \$500 Treynor Optimist scholarship this week, presented by Bill Vorthmann. Holden will attend the University of Iowa to study

human physiology and hopes to be an orthopedic surgeon someday. He's entering college with one year of credits under his belt.

- Flags were put up on Thurs., June 13. Thanks to all who helped. Bill Vorthmann praised his grandsons James and Brock for helping.
- Can Kennel sorting took place Sun., June 9 at 5 PM. Thanks again to all who helped.
- Three thank-you notes from seniors Cadence Quick, Aubree James, and Danny Kinsella were circulated.
- Donna Collins was present to promote Treynor Days and hand out flyers for Treynor Days June 28-30. She requested

the Optimist Club help with Bingo, which we will do along with the Legion.



- Three grandsons of Bill Vorthmann: James, Eli, and Brock Vandevanter, picked up the \$2037 can kennel check for the Silver Keg Feeders 4-

H Club. Leaders Rachel Dyke and Sarah Vandevanter shared their leadership roles. The club has 60-70 members and the money will be used for an end of the year club barbeque, camp, and donations to other charities.

- John Klein reported swim lessons are set to begin this week, which the Optimists are sponsoring transportation and chaperones. There is a \$50 surplus from fees. To buy ice cream cones for the students and volunteers on the last day, an additional \$30.25 would be needed. A motion was made by Judy Gutttau, seconded by Glenrose Meier to have the club cover this cost. All voted aye.

### Community Events:

- John Klein gave a brief update on Treynor's Tomorrow teams meetings. There are 10 groups with approximately 10 citizens in each meeting for a total of 4 weekly meetings.

- Events in Treynor:

Mon., June 17- Treynor JV and Varsity Boys Baseball vs Riverside in Treynor.

Mon., June 17 – Swim Lessons by bus at Lewis Central begin.

Tues., June 18 – Treynor Farmer's Market-

Theme: Carnival. Food Wagon: Kustom Wagon Food Truck. Music: Loess Hills Rangers

Wed., June 20 – Penny's Landing (Palace Event Center) Grand Opening 4-6 PM and Ribbon Cutting at 4:30 PM.

Thurs., June 21 – Treynor JV and Varsity Girls Softball vs Missouri Valley in Treynor

Fri.-Sun. June 28-30 – Treynor Days

There being no further business, the meeting was adjourned.

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## HUMOR

**I grew up with Steve Jobs, Johnny Cash and Bob Hope. Now there's no jobs, no cash, and no hope. Please don't let anything happen to Kevin Bacon.**

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## CALENDAR

### Events:

June 29 Treynor Days Bingo – Optimists help.

### Birthdays

June 16 Dale Willenborg

June 20 Jeff Jorgensen

### Anniversaries

June 28 Mick and Judy Gutttau

June 29 Dave and Linda Danker

### Programs:

June Judy Gutttau (4<sup>th</sup>/5<sup>th</sup> Sat)

July Judy Gutttau (1<sup>st</sup>/2<sup>nd</sup> Sat.)

Dale Willenborg (3<sup>rd</sup> Sat.)

Joel Beyenhof (4<sup>th</sup> Sat)

Aug Chad Gutttau

Sept Jim Clausen (1<sup>st</sup>/2<sup>nd</sup> Sat)

Bill Vorthmann (3<sup>rd</sup>/4<sup>th</sup> Sat)

Oct Gary Gutttau

Nov Jordan Campbell (1<sup>st</sup>/2<sup>nd</sup> Sat)

Jerry Hempel (3<sup>rd</sup>/4<sup>th</sup> Sat)

Dec Mick and Judy Gutttau

### Speakers

June 22 Andrew Moats, Co. Recorder, "Property Fraud Alerts"

June 29 Vicki Dowling – Treynor History Memories

July 6 Christine Buresh Ford, "Gather at the Table" coffee shop ministry – Old Market Omaha

July 13 Treynor School Board Members, Brandon Vorthmann and Anica Buckingham Olsen.

July 20 Aaron Terry, Football Offensive Coordinator for Iowa Western Community College

July 27 Jill Kay, Treynor Elementary Principal