



# Treynor, Iowa



Integrity/Growth/Service  
Intégrité/Croissance/Service

## Optimists

L.W. "Les" Harvey, Editor

6th Ed.-14th Issue--P.O.Box P, Treynor, IA 51575--Jan.28,1988  
(712)487-3836--(not a toll call from Omaha/Council Bluffs)

NOTE: We missed issues Jan.14 and 21,1988

CLUB MEETING: Jan 30,1988

7:00 a.m. At Short Line Cafe--Breakfast  
7:30 a.m. Meeting & Program

PROGRAM: L.W. "Les" Harvey. TOPIC: Stress: Anticipate It and Prevent It!! Les provides this Program to groups in the Metro Omaha Area. He demonstrates that the person who is willing to learn to control his or her "mind" can anticipate and prevent stress. Specific steps which can be taken to do this are pointed out!

### FUTURE PROGRAMS

Feb. 20--Larry Hutchinson, Counselor at Eppley Treatment Center in Omaha. Larry lives in Treynor with his wife and recent "first child." He has a special insight pertaining to "substance abuse by people of all ages; methods of treatment; and prognosis for future in such treatment programs. PLAN TO BRING GUESTS. This promises to be a program of very pertinent information for all ages!!

### SUMMARY: JAN.23,1988 Meeting

Pres. William presided as 33% of the membership gathered for fun, food, fellowship, and the business Of Optimists!! A serious discussion of future activities of the Club brought out some good ideas. More on these later.

**ANNOUNCEMENTS: Youth & Spouse Appreciation Dinner planned for Feb. 8,1988 at the Rose Restaurant in Treynor. EDITOR'S NOTE: (To all 30 members!! Please! Plan to attend with your spouse or friend!! THIS IS A "FIRST" IN MANY WAYS!! (1) First time we will have a dinner at a restaurant in Treynor; (2) First time we will be able to have the youth we honor present, with families. They can observe first-hand that the Optimists Club is a viable organization with a significant group dedicated to enriching the lives of our youth and the future of our Community!! If you are serious about the comprehensive significance of your MEMBERSHIP, PUT THE DATE ON YOUR CALENDAR NOW: MAKE IT THE #1 priority; call Jim Clausen, Walt Glade, or William Burris to make reservations!! Let's make this "a new beginning" of conscious involvement by ALL MEMBERS in building the CLUB to its POTENTIAL!!**

----OUR ANNUAL TRIVIA PARTY SET FOR March 26, 1988! (More details later. But for now line up potential members as guests; put the date on your calendar; and make this a priority.)

--At this meeting Steve Chambers name drawn in attendance. He forfeited \$5.25. It will carry over!

----Dues are due for Jan, Feb.,Mar. quarter. Ken Graham will welcome your check. (NOTE: This is the money needed to administer our Club!)

### MISCELLANEOUS DETAILS: PAST FEW WEEKS

--Deaconess Laura Buchinger of St. Paul's Lutheran Church provided an excellent program for us at the Jan. 9 meeting. We understand the concept and "role" of Deaconess in the Lutheran Church and are impressed. Thanks Deaconess Buchinger!!

--Jim Clausen "picked up" \$2.50 in the attendance drawing and Fritz Holst collected his Special Road Atlas by presenting the newsletter to Sgt.-At-Arms Keith. (All at Jan. 9 meeting)

--ANNOUNCED: The raffle of beef and 2 hams netted us \$335 for the Youth Fund. (Thanks Fritz Holst and committee!) NOTE: We need continuous fund-raising activities. Our expenditures from the Youth Fund each year runs about \$3,000. We would like to expand on this!--

---Board of Directors meeting was held Jan.18 at the home of Pres. Wm. This is where the major action is taken to plan the "overall program" of our Club. If Gene Grell presents this newsletter to the Sgt.-at-Arms at the Jan.30 meeting, he will receive a special gift!!!