



# Treynor, Iowa



Integrity/Growth/Service  
Intégrité/Croissance/Service

## Optimists

L.W. "Les" Harvey, Editor

6th Ed.--15th Issue--P.O. Box P, Treynor, IA. 51575--Feb. 4, 1988  
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### CLUB MEETING: February 6, 1988

7:00 a.m. Breakfast at Short Line Cafe  
7:30 a.m. Meeting and Program

**PROGRAM:** Al Strohbehn presently functions as "Community Outreach Director" in Treynor for Jennie Edmundson Hospital. He will provide us with information making it possible for us to understand how Jennie Edmundson Hospital Staff and Volunteer Program reaches into and serves communities in S.W. Iowa. Will be very interesting and informative.

### FUTURE PROGRAMS

Feb. 20--Larry Hutchinson, Counselor at Eppley Treatment Center in Omaha. NOTE: Plan to bring guests to this one. Young persons will find this of special interest.

**WESTERN REGIONAL DISTRICT MEETING OF OPTIMISTS: Feb. 6--At Holiday Inn in Council Bluffs. Registration at 8:00 a.m.--Meeting runs through 2:00 p.m. including lunch.**

**--ALL OPTIMIST MEMBERS ARE ENCOURAGED TO ATTEND THIS MEETING (in addition to the President and Secretary/Treasurer.) (This would count as attendance at one of our Club Meetings.)**

**---A MAJOR GOAL OF REGIONAL MEETINGS: Make it possible for all Members to fully understand the total operation of Optimist Clubs at all levels. (It seems to your Editor that if we are serious about fulfilling the precepts of an Optimist Club, we should be involved in Zone and District Meetings. A major reason for having an Optimist Club in our Community is the fact it is a National and International Affiliation and we CAN BE A MAJOR PART OF "Optimist Programs" at all levels.**

**IF YOU WISH TO ATTEND ALL YOU NEED DO IS SHOW UP AT 8:00 a.m. Saturday and get involved in the full day of activity. NOTE: Programs for "spouse" are scheduled!!**

**If you aspire to an office in our Club in the future, this experience would be an outstanding "TRAINING SESSION" and you will be a better officer for having had the experience.**

### SUMMARY: CLUB MEETING Jan. 30, 1988

Pres. William presided as 12 members and one guest met. Steve Stover provided the invocation and led the Pledge!--President William reminded us of the "Wife and Youth Appreciation Dinner, Feb. 8 at the Rose Restaurant." WE MUST HAVE RESERVATIONS! Call Walt Glade, Jim Clausen, or William Burris to make reservations!--REMINDER: Hold March 26 for our Annual Trivia Party. --- Howard Knox needs help on the "Fifth Quarter" for students at Zion Church, Feb. 19--Friday night.

----Our Club will not be involved in the Essay and Oratorical Contest this year.---Tentative plans are being made for the "Law Enforcement Week" and "Bike Safety Week" (Apr. 17-23) Programs.----Steve Stover won \$8.00 in the attendance drawing. (He was here last week and this week.)---Sgt. at Arms Keith Denton assessed some fines for major infractions, dealing mostly with "Membership Pins" and "Meeting Badges". Donna Burris attended the meeting as a guest.

--PROGRAM: Les Harvey held the attention of the group for about 30 minutes. The presentation was an interesting and informative session dealing with THE POWER OF THE HUMAN MIND: the need for each of us to systematically consider this Power; the great value to each of us who learns to control his or her mind; AND SOME SUGGESTIONS TO FOLLOW IF YOU "get serious about using a larger percentage of your mental ability. A KEY POINT: Your REACTION to events in our life is what makes you a positive or negative person. YOU ALONE CONTROL YOUR REACTIONS: Your reactions are a result of your existing ATTITUDES or HABITS OF THINKING. The Good News!! You can control and change your attitudes!! It requires a systematic approach to "re-program" your biocomputer.

**--ABOUT THE "WIFE & YOUTH APPRECIATION DINNER!!" Mon. Feb. 8--AT ROSE!! We really need the total involvement of members in this one!! Our credibility as a "bone fide Optimist Club" could well be "ON THE LINE!!" If YOU ARE THERE, it will be a success!!**